

252133 - Brakebush® Country Goodness™ Breaded Breast Nuggets, ...

5620 Fully cooked, breaded chicken nuggets made with all breast meat and are easy to prepare in the oven or fryer. These nuggets make great appetizers, light lunches or kids' entrees.



MARKETING

Fully cooked. Made with all breast meat.
Easy to prepare in oven or fryer

Nutrition Facts

51 Servings per container

Serving Size **5 PIECE**

Amount Per Serving
Calories **250**

% Daily Value*

Total Fat 17 g **22%**

Saturated Fat 3.5 g **17%**

Trans Fat 0 g

Cholesterol 60 mg **20%**

Sodium 460 mg **20%**

Total Carbohydrates 16 g **6%**

Dietary Fiber 2 g **6%**

Total Sugars 1 g

Includes 1 g Added Sugars **2%**

Protein 14 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1 mg 4%

Potassium 229 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
5620	252133	10038034562000	12 lbs

Brand	Brand Owner	GPC Description
Brakebush®	Brakebush Brothers	Chicken - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.68 LBR	12 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.5 INH	8.63 INH	9.25 INH	0.62 FTQ	16x8	545 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

Appetizers, light lunches or kids' entrees.

INGREDIENTS

INGREDIENTS: BONELESS CHICKEN BREASTS WITH RIB MEAT, WATER, POTATO STARCH, SALT, SODIUM PHOSPHATES. BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YELLOW CORN FLOUR, FOOD STARCH-MODIFIED, SPICES, DRIED ONION, IODIZED SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, PAPRIKA EXTRACT (COLOR), SOY FLOUR, SODIUM ALGINATE, NONFAT MILK, NATURAL FLAVOR, EGG.

HANDLING SUGGESTIONS

Keep frozen

PREPARATION & COOKING SUGGESTIONS

PREPARATION: FOR BEST RESULTS: BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 8-10 MIN. DEEP FRY FROZEN NUGGETS AT 350°F FOR 2-4 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 12-15 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING. TURNING ONCE. ADJUST TIMES TO QUANTITY. DO NOT OVERCOOK.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	250
Protein	14 g
Total Carbohydrates	16 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	17 g
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	60 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	460 mg
Calcium	0 mg
Iron	1 mg
Potassium	229 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

