

Brakebush®

252133 - Brakebush® Country Goodness™ Breaded Breast Nuggets, ...

5620 Fully cooked, breaded chicken nuggets made with all breast meat and are easy to prepare in the oven or fryer. These nuggets make great appetizers, light lunches or kids' entrees.



MARKETING

Fully cooked. Made with all breast meat.
Easy to prepare in oven or fryer

Nutrition Facts

51 Servings per container

Serving Size5 PIECE

Amount Per Serving

Calories250

% Daily Value*

Total Fat 17 g22%

Saturated Fat 3.5 g17%

Trans Fat 0 g

Cholesterol 60 mg20%

Sodium 460 mg20%

Total Carbohydrates 16 g6%

Dietary Fiber 2 g6%

Total Sugars 1 g

Includes 1 g Added Sugars2%

Protein 14 g

Vitamin D 0 mcg0%

Calcium 0 mg0%

Iron 1 mg4%

Potassium 229 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
5620	252133	10038034562000	12 lbs			
Brand	Brand Owner	GPC Description				
Brakebush®	Brakebush Brothers	Chicken - Prepared/Processed				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
12.68 LBR	12 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 INH	8.63 INH	9.25 INH	0.62 FTQ	16x8	545 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

HANDLING SUGGESTIONS

Keep frozen

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - N

Celery - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

AU - C

Mustard - N

INGREDIENTS

INGREDIENTS: BONELESS CHICKEN BREASTS WITH RIB MEAT, WATER, POTATO STARCH, SALT, SODIUM PHOSPHATES. BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YELLOW CORN FLOUR, FOOD STARCH-MODIFIED, SPICES, DRIED ONION, IODIZED SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, PAPRIKA EXTRACT (COLOR), SOY FLOUR, SODIUM ALGINATE, NONFAT MILK, NATURAL FLAVOR, EGG.

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PREPARATION & COOKING SUGGESTIONS

PREPARATION: FOR BEST RESULTS: BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 8-10 MIN. DEEP FRY FROZEN NUGGETS AT 350°F FOR 2-4 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 12-15 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING. TURNING ONCE. ADJUST TIMES TO QUANTITY. DO NOT OVERCOOK.

SERVING SUGGESTIONS

Appetizers, light lunches or kids' entrees.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	250
Protein	14 g
Total Carbohydrates	16 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	17 g
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	60 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	460 mg
Calcium	0 mg
Iron	1 mg
Potassium	229 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

