

125993 - General Mills Complete Pancake Mix 5 lb



Complete pancake mix in an easy, "just add water" format from General Mills. Formulated to produce light and fluffy golden pancakes every time.



MARKETING

Save time and labor with easy, just add water prep. Add water only formula has high water absorption rate for better yield (more pancakes per box).. Available in cost-effective, 5 lb. bulk format . Consistent, scratch-like taste and superior results every time. . Highly tolerant formulas forgive minor preparation errors and eliminate waste. Exceptional after-mix hold time means little batter wasted from gassing out.. Menu pancakes and waffles all-day long as a traditional breakfast item favorite or load them with toppings for an indulgent, profitable treat. ...

Nutrition Facts

156 Servings per container

Serving Size 2/3 cup mix makes 2 - 4-1/2" pancakes

Amount Per Serving
Calories **300**

	% Daily Value*
Total Fat 3	4%
Saturated Fat 1.5 g	6%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 1060 mg	46%
Total Carbohydrates 63 g	23%
Dietary Fiber 2 g	8%
Total Sugars 9 g	
Includes 7 g Added Sugars	15%

Protein 6 g	
Vitamin D	%
Calcium 60 mg	4%
Iron 3.5 mg	15%
Potassium 140 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11030000	125993	10016000110301	6/5 LB

Brand	Brand Owner	GPC Description
General Mills	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

HANDLING SUGGESTIONS

6--5 lb. boxes per case. "Best if Used By" code date. Store in a cool, dry location. Pancake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

SERVING SUGGESTIONS

2/3 Cup Mix (86g) Makes 2 - 4-1/2" Pancakes

PREPARATION & COOKING SUGGESTIONS

Standard Prep: Just add water. One stage mix with 2 minutes of mixing time. Deposit batter on preheated griddle at 375 degrees F. Grill 1 1/2 minutes on each side. See package for complete mixing and grilling instructions. Standard directions will produce 96, 4" pancakes using a 2 oz ladle. Pancake mix can also be used as a waffle mix

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, SUGAR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE). CONTAINS 2% OR LESS OF: PALM OIL, DEFATTED SOY FLOUR, SALT, MODIFIED WHEY, PROPYLENE GLYCOL MONO AND DIESTERS, SOY LECITHIN, MONO AND DIGLYCERIDES, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, EGG.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	300
Protein	6 g
Total Carbohydrates	63 g
Sugars	9 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	7 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1060 mg
Calcium	60 mg
Iron	3.5 mg
Potassium	140 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_SWEETENERS	FREE_FROM	CHOLESTEROL	FREE_FROM	FAT	LOW
CHOLESTEROL	LOW	ARTIFICIAL_PRESERVATIVES	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM	KOSHER	YES
VEGETARIAN	YES				

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