

Chex Mix

650243 - Chex Mix(TM) Simply Chex(TM) Snack Mix Single Serve C...

A savory mix of whole grain Chex(TM) cereal pieces with cheddar seasoning. Individually wrapped in a single serve portion for a convenient, grab and go snack, with 70% less fat than potato chips. Made without gelatin. No colors from artificial sources, and no high fructose corn syrup. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich, USDA Smar...



MARKETING

Simply Chex Cheddar snack mix is one of General Mills' most popular k-12 snacks.. 60 Individually wrapped bags for a single serve salty snack, great for reimbursable meals or à la carte. . A great size for portion control snacking with students that still delivers on a savory salty snacking experience.. For USDA Child Nutrition Programs: meets 1.25 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks compliant, and is CACFP eligible.



Nutrition Facts

|  |         |
|--|---------|
| 60 Servings per container  |         |
| Serving Size   | 1 pouch |
| Amount Per Serving   |         |
| Calories   | 110     |
| % Daily Value*   |         |
| Total Fat 2.5  | 3%      |
| Saturated Fat 0.5 g  | 3%      |
| Trans Fat 0 g  |         |
| Cholesterol 0 mg   | 0%      |
| Sodium 150 mg  | 7%      |
| Total Carbohydrates 20 g   | 7%      |
| Dietary Fiber 2 g  | 6%      |
| Total Sugars 4 g   |         |
| Includes 2 g Added Sugars  | 4%      |
| Protein 2 g  |         |
| Vitamin D 0.8 mcg  | 4%      |
| Calcium 40 mg  | 4%      |
| Iron 0.7 mg  | 4%      |
| Potassium 110 mg   | 2%      |
| * The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |         |

PRODUCT SPECIFICATIONS



| Code         | Dist Prod Code           | GTIN   | Calculated Pack   |        |                 |                      |
|--------------|--------------------------|--|-------------------|--------|-----------------|----------------------|
| 31932000     | 650243                   | 10016000319322   | 60/0.92 OZ        |        |                 |                      |
| Brand        | Brand Owner              | GPC Description  |                   |        |                 |                      |
| Chex Mix     | GENERAL MILLS SALES INC. | Chips/Crisps/Snack Mixes - Natural/Extruded (Shelf Stable) |                   |        |                 |                      |
| Gross Weight | Net Weight               | Case/Catch Weight  | Country Of Origin | Kosher | Child Nutrition |                      |
| 4.810 LBR    | 3.45 LBR                 | No   | United States     | Yes    | No              |                      |
| Shipping     |                          |  |                   |        |                 |                      |
| Length       | Width                    | Height   | Volume            | TlxHI  | Shelf Life      | Storage Temp From/To |
| 16.000 INH   | 9.750 INH                | 10.000 INH   | 0.90300 FTQ       | 12x5   | 248 Days        | 32 FAH / 95 FAH      |

HANDLING SUGGESTIONS



Keep in a cool dry place

SERVING SUGGESTIONS



Serve as is

PREPARATION & COOKING SUGGESTIONS



Ready to Eat

INGREDIENTS



Whole Wheat, Enriched Corn Meal (degermed yellow corn meal, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Vegetable Oil (soybean, palm and/or sunflower), Whey Powder, Sugar. Contains 2% or less of: Maltodextrin, Paprika Extract Added for Color, Salt, Monoglycerides, Cheddar Cheese (milk, cultures, salt, enzymes), Dried Sour Cream (cream, nonfat milk, cultures), Lactic Acid, Buttermilk Powder, Onion Powder, Cultured Nonfat Milk, Natural Flavor, Trisodium Phosphate, Turmeric Extract, Citric Acid, Tricalcium Phosphate, Calcium Carbonate, Yellow Corn Flour, Baking Soda. Freshness Preserved by BHT.

ALLERGENS



- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - C

Eggs - 30

Soybean - 30

Wheat - C

Sesame - 30

Pine Nuts - 30

Cashews - 30

Macadamia Nuts - 30

Coconuts - 30
- Peanuts - 30

Tree - 30

Fish - 30

Shellfish - NI

Crustaceans - 30

Almonds - 30

Hazelnuts - 30

Chestnuts - 30

Pecan Nuts - 30

MORE INFORMATION





ⓘ Brazil Nuts - 30

ⓘ Pistachios - 30

ⓘ Walnuts - 30

ⓘ Molluscs - 30



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NUTRITIONAL ANALYSIS



|                     |      |                     |         |              |        |
|---------------------|------|---------------------|---------|--------------|--------|
| Calories            | 110  | Total Fat           | 2.5     | Sodium       | 150 mg |
| Protein             | 2 g  | Trans Fat           | 0 g     | Calcium      | 40 mg  |
| Total Carbohydrates | 20 g | Saturated Fat       | 0.5 g   | Iron         | 0.7 mg |
| Sugars              | 4 g  | Added Sugars        | 2 g     | Potassium    | 110 mg |
| Dietary Fiber       | 2 g  | Polyunsaturated Fat |         | Zinc         |        |
| Lactose             |      | Monounsaturated Fat |         | Phosphorus   |        |
| Sucrose             |      | Cholesterol         | 0 mg    | Thiamin      |        |
| Vitamin A (IU)      |      | Vitamin D           | 0.8 mcg | Niacin       |        |
| Vitamin A (RE)      |      | Vitamin E           |         | Riboflavin   |        |
| Vitamin C           |      | Folate              |         | Vitamin B-12 |        |
| Magnesium           |      | Vitamin B-6         |         | Nitrates     |        |
| Monosodium          |      | Sulphites           |         |              |        |

NUTRITIONAL CLAIMS



|                       |           |                          |                     |             |           |
|-----------------------|-----------|--------------------------|---------------------|-------------|-----------|
| SATURATED_FAT         | LOW       | ARTIFICIAL_FLAVOUR       | FREE_FROM           | CHOLESTEROL | LOW       |
| CHOLESTEROL           | FREE_FROM | WHOLE_GRAIN              | EXCELLENT_SOURCE_OF | MSG         | FREE_FROM |
| ARTIFICIAL_SWEETENERS | FREE_FROM | HIGH_FRUCTOSE_CORN_SYRUP | FREE_FROM           | TRANS_FAT   | FREE_FROM |
| ENERGY                | SOURCE_OF | KOSHER                   | YES                 | VEGETARIAN  | YES       |

MORE IMAGES

