

650243 - Chex Mix(TM) Simply Chex(TM) Snack Mix Single Serve C...

A savory mix of whole grain Chex(TM) cereal pieces with cheddar seasoning. Individually wrapped in a single serve portion for a convenient, grab and go snack, with 70% less fat than potato chips. Made without gelatin. No colors from artificial sources, and no high fructose corn syrup. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich, USDA Smar...



MARKETING

Simply Chex Cheddar snack mix is one of General Mills' most popular k-12 snacks.. 60 Individually wrapped bags for a single serve salty snack, great for reimbursable meals or à la carte. . A great size for portion control snacking with students that still delivers on a savory salty snacking experience.. For USDA Child Nutrition Programs: meets 1.25 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks compliant, and is CACFP eligible.

Nutrition Facts

60 Servings per container

Serving Size 1 pouch

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 2.5 **3%**

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 150 mg **7%**

Total Carbohydrates 20 g **7%**

Dietary Fiber 2 g **6%**

Total Sugars 4 g

Includes 2 g Added Sugars **4%**

Protein 2 g

Vitamin D 0.8 mcg 4%

Calcium 40 mg 4%

Iron 0.7 mg 4%

Potassium 110 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31932000	650243	10016000319322	60/0.92 OZ

Brand	Brand Owner	GPC Description
Chex Mix	GENERAL MILLS SALES INC.	Chips/Crisps/Snack Mixes - Natural/Extruded (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
4.810 LBR	3.45 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.000 INH	9.750 INH	10.000 INH	0.90300 FTQ	12x5	248 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS

Keep in a cool dry place

SERVING SUGGESTIONS

Serve as is

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

INGREDIENTS

Whole Wheat, Enriched Corn Meal (degermed yellow corn meal, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Vegetable Oil (soybean, palm and/or sunflower), Whey Powder, Sugar. Contains 2% or less of: Maltodextrin, Paprika Extract Added for Color, Salt, Monoglycerides, Cheddar Cheese (milk, cultures, salt, enzymes), Dried Sour Cream (cream, nonfat milk, cultures), Lactic Acid, Buttermilk Powder, Onion Powder, Cultured Nonfat Milk, Natural Flavor, Trisodium Phosphate, Turmeric Extract, Citric Acid, Tricalcium Phosphate, Calcium Carbonate, Yellow Corn Flour, Baking Soda. Freshness Preserved by BHT.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soybean - 30
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

MORE INFORMATION

! Brazil Nuts - 30

! Pistachios - 30

! Walnuts - 30

! Molluscs - 30

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NUTRITIONAL ANALYSIS



Calories	110
Protein	2 g
Total Carbohydrates	20 g
Sugars	4 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0.8 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	40 mg
Iron	0.7 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



SATURATED_FAT	LOW	ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW
CHOLESTEROL	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	MSG	FREE_FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM
ENERGY	SOURCE_OF	KOSHER	YES	VEGETARIAN	YES

MORE IMAGES

