10073321037038 - WG Shamrock Shaped Pretzel-2.20Z/100

Add excitement to any menu by serving SUPERPRETZEL® Soft Pretzel 51% Whole Grain FUN SHAPES®! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL® with a unique and fun shape. Optional white salt packets included.





MARKETING

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve

Nutrition Facts

100 Servings per container

Serving Size 1 Pretzel (62a)

Amount Per Serving Calories

Valui les	
	% Daily Value*
Total Fat 1	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 170 mg	7%
Total Carbohydrates 31 g	11%
Dietary Fiber 3 g	11%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 5 g	
Vitamin D 0.2 mcg	2%
Calcium 10 mg	0%
Iron 2 mg	10%
Potassium 100 mg	2%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT S	PRODUCT SPECIFICATIONS											
Code			GTIN				Pack Description					
3703			10073321037038				case of 100					
Brand		Brand Owner				GPC Description						
SUPERPRETZEL®		J&J S	NACK FO	OODS CORP. Dough Base			eed Products / Meals - Not Ready to Eat - Savoury (Frozen)					
Gross Weight No		Net V	Veight	Case	Catch We	eight	Country Of Origin		Kosher	Child Nutrition		
15.5 LBF	15.5 LBR		9 LBR		No		United States		es	Yes	No	
Shipping												
Length	Width		dth Height		t Volume		Shelf Life		•	Storage Temp From/To		
15.88 INH	10.3	8 INH	13.13 I	NH 1	.251 FTQ	12x6	3	365 Days		-10 FAH / 0 FAH		
Traceability Regulation												
Regulation Type		ре	Regulatory Trade It			ltem F	tem Regulation			Regulation Restrictions and		
Code			A	ct Compl			liant			Descriptors		
BUY_AMERICAN_ACT			N	/A		TRU	E		N/A			

HANDLING SUGGESTIONS

Keep Frozen Until Ready To Use



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'



Peanuts - N

(()) Eggs - N

Tree - N

🗞 Soybean - N

(SO) Fish - N

🛞 Wheat - C

Shellfish - N

(%) Sesame - N

(!) Crustaceans - N

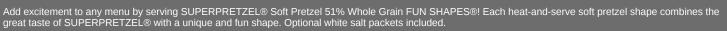
(!) Molluscs - N

INGREDIENTS



Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted berley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Barley Malt, Ascorbic Acid, Bicarbonates and Carbonates of Soda.

10073321037038 - WG Shamrock Shaped Pretzel-2.20Z/100





PREPARATION & COOKING SUGGESTIONS

B

SERVING SUGGESTIONS

Heat and serve.



MORE INFORMATION



Oven - Preheat to 350-400F. Lightly mist frozen soft pretzels with water, and sprinkle with salt if desired. Place salted pretzels in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzels with water, sprinkle with salt if desired, and microwave on high for 20-40 seconds. Heating times and temperatures may vary depending upon the oven used.

Last Saved: 02 July 2025 | Printed: 11 August 2025 Powered by Syndigo LLC - syndigo.com Page 2 of 2