



MARKETING



Nutrition Facts

1 Servings per container  
**Serving Size** 1 Container  
**Amount Per Serving**  
**Calories** 200  
 % Daily Value\*

|                                 |    |
|---------------------------------|----|
| <b>Total Fat</b> 10 g           | %  |
| Saturated Fat 1.5 g             | 8% |
| Trans Fat 0 g                   |    |
| <b>Cholesterol</b> 15 mg        | 5% |
| <b>Sodium</b> 120 mg            | 5% |
| <b>Total Carbohydrates</b> 21 g | 8% |
| Dietary Fiber 0 g               | 0% |
| Total Sugars 6 g                |    |
| Includes 1 g Added Sugars       | 2% |

**Protein** 7 g

|                 |     |
|-----------------|-----|
| Vitamin D 3 mcg | 15% |
| Calcium 200 mg  | 15% |
| Iron 0.4 mg     | 2%  |
| Potassium 90 mg | 2%  |

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



| Code  | Dist Prod Code | GTIN           | Calculated Pack   |
|-------|----------------|----------------|---|
| 45475 | 147929         | 10099429454751 | HORMEL VITAL CUISINE MIGHTYSHAKES Reduced Sugar Nutritional Shake - Honey Consistency - Vanilla |

| Brand        | Brand Owner              | GPC Description                                  |
|--------------|--------------------------|--|
| MIGHTYSHAKES | Hormel Foods Corporation | Dairy Based Drinks - Ready to Drink (Perishable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher     | Child Nutrition |
|--------------|------------|-------------------|-------------------|------------|-----------------|
| 15.96 LBR    | 14.1 LBR   | No                | United States     | Undeclared | No              |

Shipping

| Length    | Width     | Height  | Volume      | TlxHI | Shelf Life | Storage Temp From/To |
|-----------|-----------|---------|-------------|-------|------------|----------------------|
| 12.25 INH | 11.88 INH | 6.5 INH | 0.54742 FTQ | 12x8  | 450 Days   | -20 FAH / 10 FAH     |

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - N
- Sesame - N
- Peanuts - NI
- Tree Nuts - NI
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



INGREDIENTS



NATURALLY AND ARTIFICIALLY FLAVORED  
 Ingredients: Skim Milk, Water, Maltodextrin, Corn Oil, Whey Protein Concentrate, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Contains 2% or less of Gum Blend (Maltodextrin, Carrageenan, Xanthan Gum, Locust Bean Gum, and Guar Gum), Hydroxylated Soy Lecithin, Propylene Glycol, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Ethyl Alcohol, Natural and Artificial Flavoring, Titanium Dioxide (Color), Sucralose, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Citric Acid, Sodium Citrate, and Benzyl Benzoate, Potassium Sorbate, and Sodium Benzoate (To Maintain Freshness). Contains: Milk, Soy.

HANDLING SUGGESTIONS



RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

PREPARATION & COOKING SUGGESTIONS



Thaw and Serve

MORE INFORMATION



Telephone : 800-533-2000



NUTRITIONAL ANALYSIS



|                     |      |
|---------------------|------|
| Calories            | 200  |
| Protein             | 7 g  |
| Total Carbohydrates | 21 g |
| Sugars              | 6 g  |
| Dietary Fiber       | 0 g  |
| Lactose             |      |
| Sucrose             |      |
| Vitamin A (IU)      | 140  |
| Vitamin A (RE)      | 140  |
| Vitamin C           |      |
| Magnesium           |      |
| Monosodium          |      |

|                     |       |
|---------------------|-------|
| Total Fat           | 10 g  |
| Trans Fat           | 0 g   |
| Saturated Fat       | 1.5 g |
| Added Sugars        | 1 g   |
| Polyunsaturated Fat | 0 g   |
| Monounsaturated Fat | 0 g   |
| Cholesterol         | 15 mg |
| Vitamin D           | 3 mcg |
| Vitamin E           |       |
| Folate              |       |
| Vitamin B-6         |       |
| Sulphites           |       |

|              |        |
|--------------|--------|
| Sodium       | 120 mg |
| Calcium      | 200 mg |
| Iron         | 0.4 mg |
| Potassium    | 90 mg  |
| Zinc         |        |
| Phosphorus   |        |
| Thiamin      |        |
| Niacin       |        |
| Riboflavin   |        |
| Vitamin B-12 |        |
| Nitrates     |        |

NUTRITIONAL CLAIMS



MORE IMAGES

