## 147971 - RC STRAW FRZN SHAKE

Great tasting ReadyCare Frozen Shakes are the perfect solution for providing extra calories and protein in a small volume. Creamy milkshake taste to enhance supplement consumption. Nutrient Dense - each 4 ounce provides 50 calories and 1.5g protein.



MARKETING							<b>Nutrition Facts</b>		
	€123-18-41-560 <19-660 A St	TEM HIZZS	75 Servings per container Serving Size 1						
							Amount Per Serving Calories	200	
	Artificially	lavored KONTER					%	Daily Value*	
	Strawberry 4 fl oz (1	y Shake					Total Fat 4 g	5%	
	41102 (1						Saturated Fat 0.5 g	3%	
							Trans Fat 0 g		
RODUCT SPEC	IFICATIONS					$\bigcirc$	Cholesterol 0 mg	0%	
RODUCT SPEC	IFICATIONS					4	Sodium 80 mg	3%	
Code	Dist Prod	Code		GTIN	Calculated Pack		Total Carbohydrates 35 g	13%	
1735 147971		L	1004	45796017358	75 x 4 OZ		Dietary Fiber 0 g	0%	
							Total Sugars 16 g		
Brand Brand Owner			GPC Description				Includes 12 g Added Sugars	24%	
ReadyCare Lyons Magnus				Health Enhancement Variety Packs			Protein 6 g		
Gross Weight	Net Weight		loight	Country Of Origi	n Kosher	Child Nutrition	Vitamin D 1 mcg	6%	
		Case/Catch Weight		, ,			Calcium 225 mg	15%	
24.6 LBR	23.6 LBR	No		United States	Undeclared	No	Iron 1 mg	6%	
			Shippi	ng			Potassium 180 mg	5%	
Length W	dth Heigh	t Volume	TIXHI	Shelf Life	Storage T	emp From/To	* The % Daily Values (DV) tells you how much a nutrient in a	serving of food	
-			12x6	360 Days			contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
12.5 INH 12.	5 INH 9.85 IN	H 0.882 FTQ	12x6	360 Days	0 FAH	1/32 FAH		eneral nutriti	
LLERGENS			$\triangle$	SERVING SUGGE	STIONS	Ō	INGREDIENTS	9	
C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared';         30 = 'Free From Not Tested; 50 = 'Derived from Ingredients'; 60 = 'Not         Derived From Ingredients'; NI = 'No Info'         Image: Milk - C				Use during medica or serve as a betw			NONFAT MILK, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, MALTODEXTRIN, CORN OIL, WATEF CONTAINS 2% OR LESS OF SOY PROTEIN ISOLAT WHEY PROTEIN CONCENTRATE, MONO AND		
Eggs - N I Tree Nuts - N							DIGLYCERIDES, GUAR GUM, XANTHAN GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL AND ARTIFICIAL FLAVOR (RED 40). CONTAINS MIL		
0							AND ARTIFICIAL FLAVOR (RED 40). CON	TAINS MILK	

HANDLING SUGGESTIONS

🛞 Wheat - N 🛞 Sesame - N

Packed in 75/4 oz. aseptic cartons. Store frozen for up to 12 months.

D Shellfish - NI

MORE INFORMATION

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**PREPARATION & COOKING SUGGESTIONS** 

Thaw under refrigeration before serving.

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## NUTRITIONAL ANALYSIS

Calories	200	Total Fat	4 g	Sodium	80 mg
Protein	6 g	Trans Fat	0 g	Calcium	225 mg
Total Carbohydrates	35 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	16 g	Added Sugars	12 g	Potassium	180 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	150 150 iu	Vitamin D	1 mcg	Thiamin	
Vitamin A (RE)	150	Vitamin E		Niacin	
Vitamin C	150 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## NUTRITIONAL CLAIMS

TRANS\_FAT FREE\_FROM

FREE\_FROM\_GLUTEN YES

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