



MARKETING

Fresh vegetables shredded, and egg roll skins made in-house daily. Easy prep, fry or bake from frozen, or thawed, for an egg roll that is ready in minutes. Pre-cooked for food safety. Less on the Label: No High Fructose Corn Syrup, no certified artificial colors, no MSG. Bulk packed with 72 egg rolls per case. Can be served as an appetizer, side dish, or entrée for an Asian-inspired meal, mainline or a la carte. Serve with one of our MINH® Less Sodium Sauces for dipping

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
69039	260550	00035367690397	1 PACK OF 72 - 3.00 OZ EACH.

Brand	Brand Owner	GPC Description
MINH®	SCHWAN'S FOOD SERVICE INC	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
14.06 LBR	13.5 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.5 INH	9 INH	8.375 INH	0.502 FTQ	17x7	365 Days	-20 FAH / 0 FAH

Nutrition Facts

72 Servings per container

Serving Size1 egg roll (85g)

Amount Per Serving

Calories165

% Daily Value\*

Total Fat5.37%

Saturated Fat0.6 g5%

Trans Fat0 g

Cholesterol0 mg0%

Sodium529.4 mg22%

Total Carbohydrates24.7 g9%

Dietary Fiber2.4 g7%

Total Sugars2.4 g

Includes 1 g Added Sugars2%

Protein3.5 g

Vitamin D0 mcg0%

Calcium35.3 mg2%

Iron1.3 mg7%

Potassium211.8 mg5%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - C

Soy - N

Wheat - C

Sesame - C

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - NI

HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of 0.0 F/ -17.78 C

MORE INFORMATION

E-mail : CPS.FoodService@schwans.com

SERVING SUGGESTIONS

Just the right size for snacking, a value added side, or entrées. Pre-cooked for food safety

PREPARATION & COOKING SUGGESTIONS

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. HEATING INSTRUCTIONS: Heating times may vary due to equipment variances. Instructions based on 12 Egg Rolls. CONVENTIONAL OVEN (425°F). Heat thawed for 17-18 min. or frozen 25-26 min. Flip product halfway through heating for even heating. DEEP FRYER: (350°F) Fry thawed 4-4.5 min. or frozen 8-9 min. MICROWAVE (1100 watts / 1 piece) Heat thawed 35 sec. or frozen 1min 15sec. CONVECTION OVEN: (350°F) Heat thawed 10-11 min. or frozen 18-19 min. Rotate baking tray halfway through heating for even heating.

INGREDIENTS

INGREDIENTS: CABBAGE, ENRICHED FLOUR ([BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALTED BARLEY FLOUR), CELERY, WATER, CARROTS, BOK CHOY, WATER CHESTNUTS, ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BAMBOO SHOOTS, CONTAINS 2% OR LESS OF: SALT, VEGETABLE OIL (COTTONSEED, CANOLA, AND/OR SOYBEAN OIL), SUGAR, MODIFIED FOOD STARCH, SPICE, ROASTED GARLIC, WHEAT GLUTEN, TOASTED SESAME OIL, DRIED ONION, MALTODEXTRIN, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, DRIED WHOLE EGGS, CORNSTARCH. FRIED IN VEGETABLE OIL (COTTONSEED, CANOLA AND/OR SOYBEAN OIL).



NUTRITIONAL ANALYSIS



Calories	165	Total Fat	5.3	Sodium	529.4 mg
Protein	3.5 g	Trans Fat	0 g	Calcium	35.3 mg
Total Carbohydrates	24.7 g	Saturated Fat	0.6 g	Iron	1.3 mg
Sugars	2.4 g	Added Sugars	1 g	Potassium	211.8 mg
Dietary Fiber	2.4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	70.6	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	70.6	Vitamin E		Niacin	
Vitamin C	8.2 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



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