

Van's

101643 - Van's Frozen Waffle Gluten Free Original 12ct/9oz

Light, crispy waffles – just like you remember them. Take a bite of our Gluten Free Original waffles and experience everything a waffle should be! Made with our gluten free blend of flour and lightly sweetened with fruit juice, you'll love this hot and toasty morning treat.



MARKETING

Gluten free. No high fructose corn syrup. No artificial flavors, colors or preservatives.

Nutrition Facts

3.0 Servings per container

Serving Size2 WAFFLES (84g)

Amount Per Serving

Calories180

% Daily Value*

Total Fat 79%

Saturated Fat 1 g5%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 460 mg20%

Total Carbohydrates 28 g10%

Dietary Fiber 1 g4%

Total Sugars 1 g

Includes 1 g Added Sugars1%

Protein 2 g

Vitamin D 0 mcg0%

Calcium 210 mg15%

Iron 1 mg6%

Potassium 80 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
30206	101643	10089947302061	12 x 6 CT

Brand	Brand Owner	GPC Description
Van's	SARA LEE FROZEN BAKERY	Cakes - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.32 LBR	6.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.56 INH	9.94 INH	9.44 INH	0.84 FTQ	8x12	365 Days	0.0 FAH / 27.0 FAH

HANDLING SUGGESTIONS

Keep Frozen

SERVING SUGGESTIONS

2 Waffles (84g)

PREPARATION & COOKING SUGGESTIONS

Toaster Heating Instructions: heat waffles in toaster on the low heat setting for 3-4 minutes or until crispy and hot. Two toastsings may be required to heat completely. Toaster heating capabilities vary, please refer to the manufacturer's instructions. Attend toaster while heating. Caution: Waffle will be hot

INGREDIENTS

INGREDIENTS: WATER, GLUTEN FREE BLEND (BROWN RICE FLOUR, TAPIOCA STARCH, RICE FLOUR), EXPELLER PRESSED CANOLA OIL, CONTAINS 2% OR LESS: FRUIT JUICE CONCENTRATE BLEND (PINEAPPLE, PEACH, PEAR), BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SUNFLOWER LECITHIN, CALCIUM CARBONATE, SEA SALT, GUAR GUM.

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - 30

Eggs - 30

Soybean - C

Wheat - N

Sesame - 30

Oats - 30

Seed Products - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - 30

Crustaceans - 30

Corn - 30

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	180	Total Fat	7	Sodium	460 mg
Protein	2 g	Trans Fat	0 g	Calcium	210 mg
Total Carbohydrates	28 g	Saturated Fat	1 g	Iron	1 mg
Sugars	1 g	Added Sugars	1 g	Potassium	80 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



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