

# 101643 - Van's Frozen Waffle Gluten Free Original 12ct/9oz

Light, crispy waffles – just like you remember them. Take a bite of our Gluten Free Original waffles and experience everything a waffle should be! Made with our gluten free blend of flour and lightly sweetened with fruit juice, you'll love this hot and toasty morning treat.



## MARKETING

Gluten free. No high fructose corn syrup. No artificial flavors, colors or preservatives.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
30206	101643	10089947302061	12 x 6 CT

Brand	Brand Owner	GPC Description
Van's	SARA LEE FROZEN BAKERY	Cakes - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.32 LBR	6.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.56 INH	9.94 INH	9.44 INH	0.84 FTQ	8x12	365 Days	0.0 FAH / 27.0 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - C
- Wheat - N
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

## HANDLING SUGGESTIONS

Keep Frozen

## SERVING SUGGESTIONS

2 Waffles (84g)

## PREPARATION & COOKING SUGGESTIONS

Toaster Heating Instructions: heat waffles in toaster on the low heat setting for 3-4 minutes or until crispy and hot. Two toasting may be required to heat completely. Toaster heating capabilities vary, please refer to the manufacturer's instructions. Attend toaster while heating. Caution: Waffle will be hot

## MORE INFORMATION

# Nutrition Facts

3.0 Servings per container

**Serving Size** 2 WAFFLES

**Amount Per Serving**  
**Calories** 180

% Daily Value\*

**Total Fat** 7 **9%**

Saturated Fat 1 g **5%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 460 mg **20%**

**Total Carbohydrates** 28 g **10%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes 1 g Added Sugars **1%**

**Protein** 2 g

Vitamin D 0 mcg 0%

Calcium 210 mg 15%

Iron 1 mg 6%

Potassium 80 mg 0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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## NUTRITIONAL ANALYSIS



Calories	180
Protein	2 g
Total Carbohydrates	28 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	460 mg
Calcium	210 mg
Iron	1 mg
Potassium	80 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



## MORE IMAGES

