

Dr. Praeger's Sensible Foods

444160 - Black Bean Quinoa Veggie Burgers 4 oz (Vegan) (GF)

A blend of hearty black beans, smoky chipotles and tri-color quinoa. Olé!



MARKETING

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
VBINBB-4		444160		00080868010366		40 x 4 OZ	
Brand		Brand Owner		GPC Description			
Dr. Praeger's Sensible Foods		Dr. Praeger's Sensible Foods Inc		Vegetable Based Products / Meals - Not Ready to Eat (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
10.5 LBR	10 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
12.81 INH	8.31 INH	5.12 INH	0.3154 FTQ	16x11	730 Days	-20 FAH / 0 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Store at 0 degrees fahrenheit

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - MC

Soybean - C

Wheat - MC

Sesame - MC

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

Nutrition Facts

40 Servings per container

Serving Size

Patty

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 9

11%

Saturated Fat 1 g

4%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 560 mg

24%

Total Carbohydrates 25 g

9%

Dietary Fiber 14 g

50%

Total Sugars 1 g

Includes Added Sugars

0%

Protein 8 g

Vitamin D

0%

Calcium 60 mcg

4%

Iron 2 mcg

10%

Potassium 430 mcg

10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Black Beans (Black Beans, Water), Cooked Tri-Color Quinoa (Quinoa, Water), Water, Red Peppers, Roasted Corn, Expeller Pressed Canola Oil, Potato Flakes, Soy Flour, Onions, Arrowroot Powder, Masa Flour (Corn Flour, Lime), Sea Salt, Jalapeño Peppers, Cilantro, Roasted Garlic, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Lime Powder, Tomato Paste, Chipotle Chile Pepper Powder

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PREPARATION & COOKING SUGGESTIONS

Keep Frozen Prior to Cooking For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165° F. Oven or Toaster Oven: Preheat to 450 F. Bake approximately 6 minutes until browned. Flip and cook for an additional 4 minutes until heated through and well browned

SERVING SUGGESTIONS

Best served on a bun with lettuce, tomato and condiments

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	210	Total Fat	9	Sodium	560 mg
Protein	8 g	Trans Fat	0 g	Calcium	60 mcg
Total Carbohydrates	25 g	Saturated Fat	1 g	Iron	2 mcg
Sugars	1 g	Added Sugars		Potassium	430 mcg
Dietary Fiber	14 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	220	Vitamin D		Thiamin	
Vitamin A (RE)	220	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM	VEGAN	YES
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