



Nutrition Facts	
About 15 Servings Per Container	
Serving Size 1/2 Cup (122 g)	
Amount Per Serving	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
Total Fat 7g	14%
Saturated Fat 3g	6%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 390mg	17%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 15g	22%
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1.1mg	6%
Potassium 190mg	4%
Vitamin K 0mcg	0%
Phosphorus 130mg	10%

MARKETING



Nutrition Facts

15 Servings per container

**Serving Size** 1/2 Cup

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**Amount Per Serving**

**Calories** **160**

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**% Daily Value\***

**Total Fat** 7 **9%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol** 95 mg **32%**

**Sodium** 390 mg **17%**

**Total Carbohydrates** 8 g **3%**

Dietary Fiber 2 g **7%**

Total Sugars 3 g

Includes 1 g Added Sugars **2%**

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**Protein** 15 g

Vitamin D 0 mcg 0%

Calcium 130 mg 10%

Iron 1.1 mg 6%

Potassium 190 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
20517	323462	10099429205179	THICK & EASY CLIFFDALE FARMS Pured Cheese Pizza Souffle - IDDSI Level 4

Brand	Brand Owner	GPC Description
THICK & EASY	Hormel Foods Corporation	Egg Based Products / Meals - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
17.11 LBR	16 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.94 INH	10.81 INH	6.88 INH	.56	12x6	365 Days	-20 FAH / 10 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS



INGREDIENTS



Ingredients: Water, Eggs (Whole Eggs, Egg Whites), Tomato Paste (Contains Citric Acid), Low Moisture Part Skim Mozzarella Cheese ([Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Potato Starch, Canola Oil and Cellulose Powder added to prevent caking, Natamycin [a natural mold inhibitor]), Bread Crumbs (Bleached Wheat Flour, Dextrose, Contains 2% or less of Salt, Yeast), Isolated Soy Protein, Imported Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose to prevent caking, Natamycin [A Mold Inhibitor]), Contains 2% or less of Gelatin, Soybean Oil, Spices, Salt, Dehydrated Garlic. CONTAINS: EGG, MILK, SOY, AND WHEAT.

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



MORE INFORMATION



Telephone : 800-533-2000



NUTRITIONAL ANALYSIS



Calories	160
Protein	15 g
Total Carbohydrates	8 g
Sugars	3 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	1 g
Polyunsaturated Fat	1.36 g
Monounsaturated Fat	2.04 g
Cholesterol	95 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	390 mg
Calcium	130 mg
Iron	1.1 mg
Potassium	190 mg
Zinc	
Phosphorus	130 mg
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

