

# 10073321404038 - BeneFit Bar Apple 2.5oz/48ct



Made with 51% whole grains. Good source of Iron. Contains at least 3 grams of Fiber. Thaw and serve convenience. Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week



### MARKETING

Give kids all the benefits of great-tasting 51% Whole Grain Read-Bake® BeneFIT® Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.

### PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
40403	10073321404038	case of 48

Brand	Brand Owner	GPC Description
READI-BAKE BeneFIT®	J&J SNACK FOODS CORP.	Biscuits/Cookies (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.5 LBR	7.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.8 INH	7.3 INH	9 INH	.49 FTQ	20x7	540 Days	-10 FAH / 0 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

### HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

### MORE INFORMATION

### SERVING SUGGESTIONS

Thaw and serve.

### PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

## Nutrition Facts

48 Servings per container

**Serving Size** 1 bar

**Amount Per Serving**  
**Calories** 290

% Daily Value\*

**Total Fat** 9 g 12%

Saturated Fat 3 g 14%

Trans Fat 0 g

**Cholesterol** 15 mg 5%

**Sodium** 240 mg 10%

**Total Carbohydrates** 48 g 16%

Dietary Fiber 3 g 13%

Total Sugars 22 g

Includes Added Sugars %

**Protein** 5 g

Vitamin D 0%

Calcium 2%

Iron 10%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

WHOLE WHEAT FLOUR, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLES, OATS, SOYBEAN OIL, INVERT SUGAR, CANOLA OIL, SUGARCANE MOLASSES, CONTAINS 2% OR LESS OF THE FOLLOWING: EGGS, BAKING POWDER (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), WHEY, NATURAL FLAVORS, INULIN, XANTHAN GUM, SPICE, SALT, SOY LECITHIN. CONTAINS EGGS, MILK, WHEAT, SOY.