#### 125157 - KR PRO PRO SG HSTYLE MUFFIN

From the #1 recommended foodservice bake mix brand Krusteaz Professional Shepherds Grain Muffins come moist, light and fluffy golden muffins that are slightly sweet and serve as a great base for a variety of stir-ins.

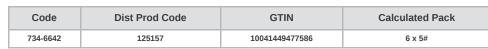


#### MARKETING

F1=

Made from nutrient-rich wheat from sustainably-farmed flour. Delicious versatile, golden muffins. Just add water. Ideal for add-ins to create signature offerings

#### PRODUCT SPECIFICATIONS



Brand		Brand Owner	GPC Description		
	KRUSTEAZ PROFESSIONAL	Continental Mills, Inc.	Baking/Cooking Mixes (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33 LBR	30 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
9.5625 INH	15.4375 INH	11.25 INH	0.961 FTQ	12x4	546 Days	32 FAH / 90 FAH

# **Nutrition Facts**

25 Servings per container

Serving Size

Amount Per Serving
Calories 370

2/3 cup mix

	% Daily Value*
Total Fat 11	14%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Cholesterol 25 mg	8%

 Sodium 450 mg
 20%

 Total Carbohydrates 65 g
 24%

 Dietary Fiber 1 g
 3%

Total Sugars 35 g
Includes 33 g Added Sugars 66%

# Protein 4 g Vitamin D 0.1 mcg 0% Calcium 140 mg 10% Iron 2.1 mg 10% Potassium 100 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### HANDLING SUGGESTIONS

(32-95 degree F) 548 days shelf life



SERVING SUGGESTIONS



# PREPARATION & COOKING SUGGESTIONS



FULL BATCH 5 lb (full box) Mix 32 oz (4 cups) Water HALF BATCH 2 1/2 lb (9 cups) Mix 16 oz (2 cups) Water STEP 1: Place water in mixer bowl, add mix. Using a paddle, mix on low speed 30 seconds. STEP 2: Scrape bowl and paddle. Continue to mix on low speed 30 seconds. STEP 3: Scale batter into greased or paper-lined pans. HAND MIXING: Using a large bowl, stir together water and mix until well-blended. Scale batter into greased or paper-lined pans according to pan size. Do not eat raw batter. High Altitude: For full batch, add 2 oz (1/2 cup) all-purpose flour and an additional 2 oz (1/4 cup) water. Prepare and bake as directed. BAKING DIRECTIONS Standard Muffin Pans: Preheat oven (350F for a convection oven; 400F for a standard oven). Pour 2 1/4 oz (#20 Scoop) of batter into each tin. For a convection oven, bake for 14-16 minutes. For a standard oven, bake for 16-18 minutes. Full batch yield: 4 dozen (2 oz muffins) Jumbo Muffin Pans: Prehe...

#### **INGREDIENTS**



Enriched bleached flour (wheat flour•, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm and soybean oil, dextrose, whey (milk protein), food starch-modified, Less than 2% of, baking soda, beta-carotene [color), calcium acid pyrophosphate, egg yolks, monocalcium phosphate, salt, xanthan gum.

STORE IN A COOL, DRY PLACE. Cool Dry storage

#### ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(门) Milk - C



( Eggs - C















#### MORE INFORMATION



Telephone : Continental MillsPO Box 88176Seattle, WA 98138-2176

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# NUTRITIONAL ANALYSIS

Calories	370
Protein	4 g
Total Carbohydrates	65 g
Sugars	35 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11
Trans Fat	0 g
Saturated Fat	4.5 g
Added Sugars	33 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	25 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	450 mg
Calcium	140 mg
Iron	2.1 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

WHEAT	CONTAINS
EGGS	CONTAINS

SOY	CONTAINS	
KOSHER	YES	

MILK	CONTAINS
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## MORE IMAGES







