

252382 - Brakebush® Chik'N'Zips® Italian-Style 3/4" by 5/8" Di...

5249 Fully cooked Italian Style Grilled Diced Chicken Breast is seasoned with garlic, onion, and real Romano cheese and dredged in an Italian-style coating. 3/4" x 5/8"



MARKETING

Fully cooked. 3/4 x 5/8" diced whole muscle chicken breast. Seasoned with garlic, onion, and real Romano cheese and dredged in an Italian-style coating

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
5249	252382	10038034052495	10 lbs

Brand	Brand Owner	GPC Description
Brakebush®	Brakebush Brothers, Inc.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.68 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 INH	8.63 INH	8.81 INH	0.59 FTQ	16x8	545 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS

keep frozen

MORE INFORMATION

SERVING SUGGESTIONS

Salads, soups, appetizers, pastas and entrees.

PREPARATION & COOKING SUGGESTIONS

PREPARATION: FOR BEST RESULTS BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 5-10 MIN. COOK ON PREHEATED GRILL AT 400°F. AND GRILL 8-10 MIN., TURNING ONCE. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F. FOR 10-15 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING, ROTATE ONCE. ADJUST TIMES TO QUANTITY. DO NOT OVERCOOK

Nutrition Facts

53 Servings per container

Serving Size **3oz/85g**

Amount Per Serving **Calories 110**

	% Daily Value*
Total Fat 3 g	4%
Saturated Fat 0.5 g	0%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 730 mg	32%
Total Carbohydrates 7 g	3%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 15 g	

Vitamin D 0 mcg	0%
Calcium 32 mg	2%
Iron 1 mg	6%
Potassium 235 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, POTATO STARCH, SEASONING (SUGAR, GARLIC, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEHYDRATED ONION), SALT, SODIUM PHOSPHATES, ISOLATED SOY PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, UNMODIFIED CORN STARCH, CARRAGEENAN WITH LESS THAN 2% SOY LECITHIN), NATURAL FLAVORING. COATING INGREDIENTS: CORN FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CORN STARCH, SPICES, PAPRIKA, SOYBEAN OIL (PROCESSING AID), GARLIC POWDER, EXTRACTIVES OF PAPRIKA, WITH NOT MORE THAN 2% OF CALCIUM SILICATE ADDED TO PREVENT CAKING.



NUTRITIONAL ANALYSIS



Calories	110
Protein	15 g
Total Carbohydrates	7 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	45 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	730 mg
Calcium	32 mg
Iron	1 mg
Potassium	235 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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