

BERNARD

# 122048 - MIX, CAKE WHITE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 10 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
539161	122048	10073347506839	6/16 ounce

Brand	Brand Owner	GPC Description
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.5 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

## HANDLING SUGGESTIONS



Store Dry at Room Temperature

## SERVING SUGGESTIONS



Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

## PREPARATION & COOKING SUGGESTIONS



add 1 1/4 cups cool water to contents of pouch in mixing bowl/beat approx. 3 minutes, med. speed - pour batter into prepared pans/bake 25 min at 375

# Nutrition Facts

72 Servings per container

**Serving Size** 38 g mix

**Amount Per Serving**  
**Calories** 140

% Daily Value\*

**Total Fat** 3 g 4%

Saturated Fat 1.5 g 7%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 190 mg 8%

**Total Carbohydrates** 28 g 10%

Dietary Fiber 1 g 4%

Total Sugars 0 g

Includes Added Sugars %

**Protein** 3 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 1 mg 6%

Potassium 70 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



Enriched Bleached Flour(Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sorbitol, Maltodextrin, Shortening Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Monoglycerides, Sodium Silicoaluminate), Dried Egg White With Sodium Lauryl Sulfate, Lecithinated Soy Flour, Powdered Cellulose, Emulsifier (Propylene Glycol Mono and Diesters of Fats and Fatty Acids, Mono and Diglycerides, Nonfat Milk, Palm Oil and Disodium Phosphate), Sodium Bicarbonate, Modified Corn Starch, Sodium Aluminum Phosphate, Monocalcium Phosphate, Guar Gum, Xanthan Gum, Artificial Flavor, Acesulfame Potassium. Contains Milk, Egg, Wheat, Soy

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived from Ingredients'; NI = 'No Info'

Milk - C Peanuts - N

Eggs - C Tree - N

Soybean - C Fish - N

Wheat - C Shellfish - N

Sesame - N Crustaceans - N

AU - N Cereals - N

Mustard - N Corn - N

Coconuts - N Pecan Nuts - N

Walnuts - N Molluscs - N

## MORE INFORMATION



E-mail : Email: [bernardfoods@bernardfoods.com](mailto:bernardfoods@bernardfoods.com) Call 800-323-3663



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**NUTRITIONAL ANALYSIS**

Calories	140
Protein	3 g
Total Carbohydrates	28 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	30 mg
Iron	1 mg
Potassium	70 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**

TRANS_FAT	FREE_FROM
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