

BERNARD

122048 - MIX, CAKE WHITE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 10 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
539161	122048	10073347506839	6/16 ounce			
Brand	Brand Owner	GPC Description				
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
6.5 LBR	6 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Store Dry at Room Temperature

ALLERGENS

- C* = 'Contains' ; *MC* = 'May Contain' ; *N* = 'Free From' ; *UN* = 'Undeclared' ; *30* = 'Free From Not Tested' ; *50* = 'Derived from Ingredients' ; *60* = 'Not Derived From Ingredients' ; *NI* = 'No Info'
- Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - N

AU - N

Mustard - N

Coconuts - N

Walnuts - N
- Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Cereals - N

Corn - N

Pecan Nuts - N

Molluscs - N

Nutrition Facts

72 Servings per container

Serving Size38 g mix

Amount Per Serving

Calories140

% Daily Value\*

Total Fat 3 g4%

Saturated Fat 1.5 g7%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 190 mg8%

Total Carbohydrates 28 g10%

Dietary Fiber 1 g4%

Total Sugars 0 g

Includes Added Sugars%

Protein 3 g

Vitamin D 0 mcg0%

Calcium 30 mg2%

Iron 1 mg6%

Potassium 70 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Enriched Bleached Flour(Wheat Flour, Niacin, Reduced Iron, ThiaminMononitrate, Riboflavin, Folic Acid), Sorbitol,Maltodextrin, Shortening Powder (Palm Oil,Corn Syrup Solids, Sodium Caseinate,Dipotassium Phosphate, Monoglycerides,Sodium Silicoaluminate), Dried Egg WhiteWith Sodium Lauryl Sulfate, LecithinatedSoy Flour, Powdered Cellulose, Emulsifier(Propylene Glycol Mono And Diesters Offats And Fatty Acids, Mono AndDiglycerides, Nonfat Milk, Palm Oil AndDisodium Phosphate), Sodium Bicarbonate,Modified Corn Starch, Sodium AluminumPhosphate, Monocalcium Phosphate, GuarGum, Xanthan Gum, Artificial Flavor,Acesulfame Potassium.Contains Milk, Egg, Wheat, Soy

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PREPARATION & COOKING SUGGESTIONS

add 1 1/4 cups cool water to contents of pouch in mixing bowlbeat approx. 3 minutes, med. speed - pour batter into prepared pansbake 25 min at 375

SERVING SUGGESTIONS

Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

MORE INFORMATION

E-mail : Email: [bernardfoods@bernardfoods.com](mailto:bernardfoods@bernardfoods.com) Call 800-323-3663

NUTRITIONAL ANALYSIS

Calories	140
Protein	3 g
Total Carbohydrates	28 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	30 mg
Iron	1 mg
Potassium	70 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM
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