

BERNARD

122048 - MIX, CAKE WHITE SUGAR-FREE

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 10 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
539161	122048	10073347506839	6/16 ounce

Brand	Brand Owner	GPC Description
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.5 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

HANDLING SUGGESTIONS

Store Dry at Room Temperature

PREPARATION & COOKING SUGGESTIONS

add 1 1/4 cups cool water to contents of pouch in mixing bowlbeat approx. 3 minutes, med. speed - pour batter into prepared pansbake 25 min at 375

MORE INFORMATION

E-mail : Email: [bernardfoods@bernardfoods.com](mailto:bernardfoods@bernardfoods.com)  
Call 800-323-3663

Nutrition Facts

72 Servings per container	
Serving Size	38 g mix
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 3 g	4%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 190 mg	8%
Total Carbohydrates 28 g	10%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1 mg	6%
Potassium 70 mg	2%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

Enriched Bleached Flour(Wheat Flour, Niacin, Reduced Iron, ThiaminMononitrate, Riboflavin, Folic Acid), Sorbitol,Maltodextrin, Shortening Powder (Palm Oil,Corn Syrup Solids, Sodium Caseinate,Dipotassium Phosphate, Monoglycerides,Sodium Silicoaluminate), Dried Egg WhiteWith Sodium Lauryl Sulfate, LecithinatedSoy Flour, Powdered Cellulose, Emulsifier(Propylene Glycol Mono And Diesters OfFats And Fatty Acids, Mono AndDiglycerides, Nonfat Milk, Palm Oil AndDisodium Phosphate), Sodium Bicarbonate,Modified Corn Starch, Sodium AluminumPhosphate, Monocalcium Phosphate, GuarGum, Xanthan Gum, Artificial Flavor,Acesulfame Potassium.Contains Milk, Egg, Wheat, Soy

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NUTRITIONAL ANALYSIS



Calories	140	Total Fat	3 g	Sodium	190 mg
Protein	3 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	28 g	Saturated Fat	1.5 g	Iron	1 mg
Sugars	0 g	Added Sugars		Potassium	70 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	0 0 iu	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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