



MARKETING

# Nutrition Facts

9 Servings per container

Serving Size

1 Cup (228 g)

Amount Per Serving

Calories

210

% Daily Value\*

Total Fat

6 g

8%

Saturated Fat

2.5 g

13%

Trans Fat

0 g

Cholesterol

15 mg

5%

Sodium

860 mg

37%

Total Carbohydrates

30 g

11%

Dietary Fiber

2 g

7%

Total Sugars

9 g

Includes 6 g Added Sugars

12%

Protein

10 g

Vitamin D

0 mcg

0%

Calcium

40 mg

2%

Iron

1.1 mg

6%

Potassium

960 mg

20%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

PRODUCT SPECIFICATIONS						
Code		Dist Prod Code		GTIN		Calculated Pack
10013800303308USL		351486		10013800303308		4 x 76 OZ
Brand	Brand Owner		GPC Description			
STOUFFER'S	Société des Produits Nestlé S.A.		Ready-Made Combination Meals - Not Ready to Eat (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
20.5 LBR	18.96 LBR	No			Undeclared	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.8 INH	13.2 INH	3.55 INH	.56	7x14	365 Days	-18 FAH / -13 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - NI

Peanuts - NI

Eggs - C

Tree - NI

Soybean - C

Fish - NI

Wheat - C

Shellfish - NI

Sesame - NI

INGREDIENTS

WATER, BLANCHED MACARONI PRODUCT (WATER, SEMOLINA, DRIED EGG WHITES), TOMATO PUREE (WATER, TOMATO PASTE), COOKED BEEF, TOMATOES (DICED TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), CHILI SAUCE (TOMATO PUREE [WATER, TOMATO PASTE], CORN SWEETENER [HIGH FRUCTOSE CORN SYRUP, CORN SYRUP], VINEGAR, SALT, SUGAR, JALAPENO PEPPERS, DEHYDRATED ONION, SPICES, DEHYDRATED GARLIC, CELERY SEED, MUSTARD, PAPRIKA), SUGAR, 2% OR LESS OF MODIFIED CORNSTARCH, TEXTURED SOY FLOUR, SALT, DRIED ONIONS, POTASSIUM SALT, DRIED SOY SAUCE (SOYBEANS, WHEAT, SALT), AUTOLYZED YEAST EXTRACT, CARAMEL COLOR, SPICE, CITRIC ACID.

Last Saved: 02 July 2025 | Printed: 01 August 2025

Powered by Syndigo LLC - syndigo.com

Page 1 of 3

PREPARATION & COOKING SUGGESTIONS

CONVECTION OVEN 325°F Preheated: Do not loosen lid. Place tray on a baking sheet. Stir halfway through cooking; replace lid. Cook Frozen (0°F) product for 40-45 min./Thawed (40°F or less) product for 20-25 min.

SERVING SUGGESTIONS

Stir in sautéed mushrooms, onions and green peppers; top with shredded cheese before baking. Spoon into individual casserole and top with seasoned croutons before serving. Bake in green pepper cups and serve with cornbread squares.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	210	Total Fat	6 g	Sodium	860 mg
Protein	10 g	Trans Fat	0 g	Calcium	40 mg
Total Carbohydrates	30 g	Saturated Fat	2.5 g	Iron	1.1 mg
Sugars	9 g	Added Sugars	6 g	Potassium	960 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



MORE IMAGES

