Roland

# 11813 - Polenta Fine Vegan

Roland® Polenta, a staple of Northern Italy, is a grain made from cornmeal. This is a "quick cook" polenta, fine grained. It is also gluten-free. Polenta can be served as a first course, or side dish of the main meal, as well as for breakfast. Shelf Stable. Store in a cool and dry place. Boil salted water in a large saucepan. Cook for 6-8 minutes.Product is shelf stable.




## MARKETING

RolandÂ® Polenta, a staple of Northern Italy, is a grain made from cornmeal. This is a "quick cook" polenta, fine grained. It is also gluten-free. Polenta can be served as a first course, or side dish of the main meal, as well as for breakfast. Sh

## PRODUCT SPECIFICATIONS

| Code | GTIN | Pack Description |
|---|---|---|
| 72162 | 10041224721620 | 4/5 LB |

| Brand | Brand Owner | GPC Description |
|---|---|---|
| Roland | American Roland Food Corp | Baking/Cooking Supplies (Shelf Stable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|---|---|---|---|---|---|
| 21 LBR | 20 LBR | No | Italy | Undeclared | No |

**Shipping**

| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
|---|---|---|---|---|---|---|
| 11.9 INH | 15 INH | 6.6 INH | 0.68 FTQ | 10x08 | 475 Days | 60 FAH / 77 FAH |

**Traceability Regulation**

| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors |
|---|---|---|---|
| N/A | N/A | N/A | N/A |

## Nutrition Facts

76 Servings per container

**Serving Size** **3 Tbsp**

**Amount Per Serving**

**Calories** **110**

| | % Daily Value* |
|---|---|
| **Total Fat** 1 g | **1%** |
| Saturated Fat 0 g | **1%** |
| *Trans* Fat 0 g | |
| **Cholesterol** 0 mg | **0%** |
| **Sodium** 10 mg | **0%** |
| **Total Carbohydrates** 23 g | **8%** |
| Dietary Fiber 2 g | **8%** |
| Total Sugars 0 g | |
| Includes 0 g Added Sugars | **0%** |
| **Protein** 2 g | |
| Vitamin D 0 mcg | 0% |
| Calcium 1.8 mg | 0% |
| Iron 1 mg | 6% |
| Potassium 86 mg | 2% |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## HANDLING SUGGESTIONS

Product is shelf stable. ---UNIT UPC: 041224721623---

## ALLERGENS

*__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

## INGREDIENTS

CORNMEAL

**Roland**

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## PREPARATION & COOKING SUGGESTIONS

Boil salted water in a large saucepan. Slowly pour in the polenta stirring continuously with a wooden spoon to avoid lumps. Cook for 6-8 minutes. Season as desired.

## SERVING SUGGESTIONS

Polenta can be served as a first course, or side dish of the main meal, as well as for breakfast.

## MORE INFORMATION