

HANDY

631521 - Crab Cakes, Pub Style, 3 oz, Frozen

• Meat has better texture and flavor• Shell fragments are virtually non-existent• Back-of-the-house appearance • Consistent plate coverage and predictable food cost• Better texture, appearance and fresh flavor• Flexibility in the kitchen



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
3503000	631521	10073994005457	2 x 12 CT

Brand	Brand Owner	GPC Description
HANDY	HANDY INTERNATIONAL INC	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.3 LBR	4.5 LBR	No	Thailand	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	10 INH	2.9 INH	0.21 FTQ	15x20	730 Days	-10 FAH / 15 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - C
- Shellfish - C

HANDLING SUGGESTIONS



KEEP FROZEN

SERVING SUGGESTIONS



Serve our Pub Style Crab Cakeswith fries or cole slaw for a quick casual meal.

PREPARATION & COOKING SUGGESTIONS



Broil • Bake • Pan Fry • Deep Fry

Nutrition Facts

12 Servings per container	
Serving Size	1 crab
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 13 g	20%
Saturated Fat 2.5 g	13%
Trans Fat 0 g	
Cholesterol 65 mg	22%
Sodium 400 mg	17%
Total Carbohydrates 13 g	4%
Dietary Fiber 1 g	4%
Total Sugars 3 g	
Includes Added Sugars	%

Protein 10 g	
Vitamin D	%
Calcium	6%
Iron	4%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



INGREDIENTS: CRAB MEAT, FISH (FISH MEAT [CONTAINS ONE OR MORE OF THE FOLLOWING: WHITE CROAKER AND/OR YELLOW CROAKER], SUGAR, POLYPHOSPHATE), MAYONNAISE (SOYBEAN OIL, VINEGAR, EGGS, WATER, SUGAR, SALT, MUSTARD, XANTHAN GUM), BREAD CRUMBS (WHEAT FLOUR, WATER, TAPIOCA FLOUR, SHORTENING [PALM OIL], SALT, YEAST , SUGAR), EGGS, MUSTARD (DISTILLED VINEGAR, WATER, NO.1 GRADE MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICES, NATURAL FLAVOR, GARLIC POWDER), WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIES, NATURAL FLAVOR, TAMARIND, SOY LECITHIN), ONION, SEASONING (CELERY SALT [SALT, CELERY SEED], SPICES [INCLUDING MUSTARD, RED PEPPER, BLACK PEPPER, BAY (LAUREL) LEAVES, CLOVES, ALLSPICE (PIMENTO), GINGER, MACE, CARDAMOM, CINNAMON], PAPRIKA), SPICES. CONTAINS: Crab, Fish, Soy, Eggs, Wheat and Anchovies.

MORE INFORMATION



Website : Call 1-800-426-3977www.handycrab.com

HANDY

631521 - Crab Cakes, Pub Style, 3 oz, Frozen

• Meat has better texture and flavor • Shell fragments are virtually non-existent • Back-of-the-house appearance • Consistent plate coverage and predictable food cost • Better texture, appearance and fresh flavor • Flexibility in the kitchen



NUTRITIONAL ANALYSIS



Calories	210
Protein	10 g
Total Carbohydrates	13 g
Sugars	3 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	13 g
Trans Fat	0 g
Saturated Fat	2.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	65 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	400 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

