



MARKETING



Nutrition Facts

213 Servings per container

Serving Size 1.00 PC

Amount Per Serving
Calories 179.17

% Daily Value*

Total Fat 7.22 g 11%

Saturated Fat 2.03 g 10%

Trans Fat 0 g

Cholesterol 12.01 mg 4%

Sodium 217.02 mg 9%

Total Carbohydrates 26.53 g 9%

Dietary Fiber 0.66 g 3%

Total Sugars 15.11 g

Includes Added Sugars %

Protein 2.15 g

Vitamin D %

Calcium 19.71 mg 2%

Iron 0.93 mg 6%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
23212	563823	00081898232124	213 x 1.5 OZ

Brand	Brand Owner	GPC Description
Hope's Country Fresh Cookies	HOPES COUNTRY FRESH COOKIES	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
21.25 LBR	20 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.5 INH	9.5 INH	8.25 INH	0.6577 FTQ	12x8	304 Days	-10 FAH / 0 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - MC
- Eggs - C
- Tree Nuts - MC
- Soy - C
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - NI

SERVING SUGGESTIONS



INGREDIENTS



Enriched Wheat Flour (unbleached and bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin), M&M'S Plain Candy (milk chocolate [sugar, chocolate, cocoa butter, skim Milk, Milkfat, Lactose, Soy lecithin, salt, artificial flavors, sugar, corn syrup, gum acacia], coloring includes: [red 40 lake, yellow 6, blue 2 lake, yellow 5, blue 1 lake, red 40, blue 11, dextrin], Margarine (Soybean and/or Palm Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Natural Flavor, Annatto Color, Vitamin A Palmitate), Brown Sugar, Sugar, Eggs (pasteurized), Invert Sugar, Butter, Water, Modified Food Starch, Salt, N & A Flavoring, Baking Soda, Soy Lecithin, Guar Gum.

HANDLING SUGGESTIONS



KEEP FROZEN UNTIL READY TO BAKE

PREPARATION & COOKING SUGGESTIONS



MORE INFORMATION





NUTRITIONAL ANALYSIS



Calories	179.17
Protein	2.15 g
Total Carbohydrates	26.53 g
Sugars	15.11 g
Dietary Fiber	0.66 g
Lactose	
Sucrose	
Vitamin A (IU)	64.3 64.3 iu
Vitamin A (RE)	64.3
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7.22 g
Trans Fat	0 g
Saturated Fat	2.03 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	12.01 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	217.02 mg
Calcium	19.71 mg
Iron	0.93 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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KOSHER	YES
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