#### 126144 - SHEPHERD'S GRAIN KRUSTEAZ PROFESSIONAL BUTTERMILK PAN...

This traditional favorite makes pancakes that are slightly sweet with a light, fine-grained texture. Shepherd's Grain Baking Mixes are made with flour that has been farmed using sustainable methods.



#### MARKETING

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Product is Add Water Only and perfect for adding ingredients to create signature menu offerings

# **Nutrition Facts**

37 Servings per container

Serving Size 1/2 cup dry mix

Amount Per Serving Calories

220

	% Daily Value*
Total Fat 2.5 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 10 mg	3%

 Sodium 770 mg
 32%

 Total Carbohydrates 43 g
 14%

Dietary Fiber 1 g

Total Sugars 10 g

Includes Added Sugars

 Protein 4 g

 Vitamin D
 %

 Calcium
 25%

 Iron
 10%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
731-5634 126144		10041449477906	6 x 5#	

Brand	Brand Owner	GPC Description
SHEPHERD'S GRAIN	Continental Mills	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33 LBR	30 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.4375 INH	9.5625 INH	11.25 INH	0.9611 FTQ	12x4	548 Days	32 FAH / 95 FAH

## HANDLING SUGGESTIONS

STORE IN A COOL, DRY PLACE



## SERVING SUGGESTIONS



advice.

SCALE: 1.5 oz batter (#20 scoop) FULL BATCH YIELD 112, 4-inch pancakes HALF BATCH YIELD 54, 4-inch pancakes SCALE: 2.2 oz batter (#16 scoop) FULL BATCH YIELD 74, 5-inch pancakes HALF BATCH YIELD 36, 5-inch pancakes SCALE: 7 oz batter (2, #8 scoops) FULL BATCH YIELD 28, 7-inch waffles HALF BATCH 14, 7-inch waffles

## PREPARATION & COOKING SUGGESTIONS



%

FULL BATCH HALF BATCH 5 lb (full box) Mix 2 1/2 lb (9 3/4 cups) Mix 84 oz (10 1/2 cups) 42 oz (5 1/4 cups) Cool Water Cool Water STEP 1. Blend mix and water together using a wire whisk until well-blended. STEP 2. Pour batter onto greased, preheated 365°F-375°F griddle. STEP 3. Cook pancakes 1-1 1/4 minutes per side. Turn only once. MACHINE MIXING: Place water in mixer bowl; add mix. Using a wire whip, mix on low speed 30 seconds. Scrape bowl. Change to medium speed, mix 30 seconds. Follow steps 2 & 3 above. BELGIAN WAFFLE RECIPE: Blend 5 lb of mix with 80 oz (10 cups) cool water, 16 oz (2 cups) vegetable oil and 20 oz (10) eggs. Pour batter onto preheated and greased waffle iron. Cook waffles until steaming stops, about 3 to 5 minutes or until crisp and golden brown.

#### **INGREDIENTS**



Enriched unbleached flour (wheat flour\*, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, malted barley flour), yellow corn flour, sugar, soybean oil, salt, buttermilk, whey. Less than 2% of: baking soda, calcium acid pyrophosphate, monocalcium phosphate, dextrose, egg yolks, natural flavor, beta carotene (color). \*Food Alliance Certified Shepherd's Grain sustainably farmed wheat

#### ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(门) Milk - C

Peanuts - 30

( Eggs - 30











Sesame - 30



#### MORE INFORMATION



Telephone : Continental MillsPO Box 88176Seattle, WA 98138-2176

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#### NUTRITIONAL ANALYSIS



Calories	220
Protein	4 g
Total Carbohydrates	43 g
Sugars	10 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat 2.5 g  Trans Fat 0 g  Saturated Fat 0.5 g  Added Sugars  Polyunsaturated Fat  Monounsaturated Fat  Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6  Sulphites		
Saturated Fat  Added Sugars  Polyunsaturated Fat  Monounsaturated Fat  Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6	Total Fat	2.5 g
Added Sugars  Polyunsaturated Fat  Monounsaturated Fat  Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6	Trans Fat	0 g
Polyunsaturated Fat  Monounsaturated Fat  Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6	Saturated Fat	0.5 g
Monounsaturated Fat  Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6	Added Sugars	
Cholesterol 10 mg  Vitamin D  Vitamin E  Folate  Vitamin B-6	Polyunsaturated Fat	
Vitamin D  Vitamin E  Folate  Vitamin B-6	Monounsaturated Fat	
Vitamin E  Folate  Vitamin B-6	Cholesterol	10 mg
Folate  Vitamin B-6	Vitamin D	
Vitamin B-6	Vitamin E	
	Folate	
Sulphites	Vitamin B-6	
	Sulphites	

Sodium	770 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

KOSHER YES

### **MORE IMAGES**







