

IBP

450124 - ibp Trusted Excellence® Boneless Beef Eye Round

When you choose our ibp Trusted Excellence® Beef Eye Round you get a lean, versatile, and rich in flavor cut that is shaped like beef tenderloin. And while it is often packaged as roasts or steaks it can also be cut for stews or cubed steak to use in your favorite recipes. Grilling or slow-cooking are great cooking methods for this cut.



MARKETING

ibp Trusted Excellence® brand.  
Expert service. On-time delivery.  
Consistent quality. Reliable

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D6257AT	450124	90027182033360	2/12.9 LBR TARGET

Brand	Brand Owner	GPC Description
IBP	Tyson Foods Inc.	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
14 LBR	12.9 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
23.5 INH	9.75 INH	4 INH	0.5304 FTQ	8x8	35 Days	28 FAH / 34 FAH

ALLERGENS

Milk - 30

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

For tender Beef Eye Round, cook it low and slow. Serve with your favorite vegetable and choice of potato for a crowd-pleasing dinner. Cook to an internal temperature of 140°F. Let beef rest for 5 minutes before serving.

INGREDIENTS

INGREDIENTS: BEEF

HANDLING SUGGESTIONS

Refrigerated

PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

MORE INFORMATION

Nutrition Facts

Servings per container

Serving Size 4.00 OZ SERVING, Servings Per Container

Amount Per Serving

Calories

190

% Daily Value\*

Total Fat 10

16%

Saturated Fat 4 g

20%

Trans Fat

Cholesterol 65 mg

21%

Sodium 55 mg

2%

Total Carbohydrates 0 g

0%

Dietary Fiber

%

Total Sugars

Includes Added Sugars

%

Protein 23 g

Vitamin D

%

Calcium

%

Iron

%

Potassium

%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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NUTRITIONAL ANALYSIS

Calories	190	Total Fat	10	Sodium	55 mg
Protein	23 g	Trans Fat		Calcium	
Total Carbohydrates	0 g	Saturated Fat	4 g	Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

