450124 - ibp Trusted Excellence® Boneless Beef Eye Round

When you choose our ibp Trusted Excellence® Beef Eye Round you get a lean, versatile, and rich in flavor cut that is shaped like beef tenderloin. And while it is often packaged as roasts or steaks it can also be cut for stews or cubed steak to use in your favorite recipes. Grilling or slow-cooking are great cooking methods for this cut.





MARKETING

ibp Trusted Excellence® brand. Expert service. On-time delivery. Consistent quality. Reliable

Nutrition Facts

1 Servings per container

Serving Size 4.00 OZ SERVING, Servings Per Container

| Amount Per Serving Calories | 190 | |
|-----------------------------|----------------|--|
| | % Daily Value* | |
| Total Fat 10 | 16% | |
| Saturated Fat 4 g | 20% | |
| Trans Fat | | |
| Cholesterol 65 mg | 21% | |
| Sodium 55 mg | 2% | |
| Total Carbohydrates 0 g | 0% | |
| Dietary Fiber | % | |
| Total Sugars | | |
| Includes Added Sugars | % | |
| Protein 23 g | | |
| Vitamin D | % | |
| Calcium | % | |

Potassium % The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

| | Code | Dist Prod Code | GTIN | Calculated Pack |
|---|----------------|----------------|----------------|------------------|
| Г | D6257AT 450124 | | 90027182033360 | 2/6.45 LB TARGET |

| Brand | | Brand Owner | GPC Description |
|-------|------------------------|------------------|-------------------------------|
| | lbp Trusted Excellence | Tyson Foods Inc. | Beef - Unprepared/Unprocessed |

| Gross Weight Net Weight Case/Catch Weight | | Country Of Origin | Kosher | Child Nutrition | | |
|---|--------|-------------------|--------|-----------------|------------|----|
| | 14 LBR | 12.9 LBR | Yes | United States | Undeclared | No |

| Shipping | | | | | | | |
|----------|----------|----------|--------|------------|-------|------------|----------------------|
| | Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| | 23.5 INH | 9.75 INH | 4 INH | 0.5304 FTQ | 8x8 | 35 Days | 28 FAH / 34 FAH |

ALLERGENS



SERVING SUGGESTIONS



Iron

advice.



0/0

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

(r) Milk - 30

(S) Peanuts - 30

(Eggs - 30

(1) Tree Nuts - 30

(%) Soy - 30

Shellfish - NI

(SO) Fish - 30

(\$) Wheat - 30 (%) Sesame - 30

Refrigerated

INGREDIENTS: BEEF

INGREDIENTS

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

| Calories | 190 |
|---------------------|------|
| Protein | 23 g |
| Total Carbohydrates | 0 g |
| Sugars | |
| Dietary Fiber | |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | |
| Vitamin A (RE) | |
| Vitamin C | |
| Magnesium | |
| Monosodium | |
| | |

| Total Fat | 10 |
|---------------------|-------|
| Trans Fat | |
| Saturated Fat | 4 g |
| Added Sugars | |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 65 mg |
| Vitamin D | |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| Sodium | 55 mg |
|--------------|-------|
| Calcium | |
| Iron | |
| Potassium | |
| Zinc | |
| Phosphorus | |
| | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS

MORE IMAGES

