

ICYBAY tilapia by Slade Gorton is value-based seafood options that boasts exquisite color, consistent workmanship and standard moisture content. Tilapia a widely consumed farmed raised whitefish species from the catfish family. ICYBAY tilapia is sustainably farm raised by Slade Gorton's supplier partner in China. Tilapia easily assumes flavors during preparation making it a g...



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
12819	636086	00073129128191	(1-10)

Brand	Brand Owner	GPC Description
ICYBAY	Slade Gorton & Co., Inc.	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10 LBR	No	China	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.96 INH	10.63 INH	4.53 INH	0.417 FTQ	11x12	730 Days	0 FAH / 32 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- 

Milk - 30
- 

Peanuts - 30
- 

Eggs - 30
- 

Tree Nuts - 30
- 

Soy - 30
- 

Fish - C
- 

Wheat - 30
- 

Shellfish - NI
- 

Sesame - 30

SERVING SUGGESTIONS

Tilapia is most often fried but can also be sauteed, baked or pan seared. Confidently feature tilapia in sandwiches, handhelds, salads and fish baskets.

HANDLING SUGGESTIONS

Keep Frozen

PREPARATION & COOKING SUGGESTIONS

Thaw individual fillets as needed. Pat dry and season just before cooking. Avoid adding seasonings or marinating to ensure moisture is not purged from the meat before the cooking process. Tilapia fillets can be featured on its own with simple seasonings, but can be easily elevated with classic seasonings such as Cajun spice, lemon pepper, and more! Cook tilapia to an internal temperature of 145° internal temperature before serving.

MORE INFORMATION

Nutrition Facts

40 Servings per container	
Serving Size	1 Serving
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0.5 g	3%
Trans Fat	
Cholesterol 55 mg	18%
Sodium 60 mg	3%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 23 g	
Vitamin D 4 mcg	20%
Calcium 11 mg	0%
Iron 1 mg	6%
Potassium 342 mg	8%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

Tilapia, Carbon Monoxide (to enhance color).

ICYBAY

636086 - (1-10)BAP 3-5OZ TILP FLT S/B VP ICYBAY

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NUTRITIONAL ANALYSIS



Calories	110
Protein	23 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	55 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	11 mg
Iron	1 mg
Potassium	342 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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