

10 Lb (4.54 kg) Oven Ready Whole Grain Golden Crunchy Breaded Pollock Sticks 1 oz, CN, MSC

High Liner Whole Grain Golden Crunchy Pollock Sticks come from wild caught Alaska Pollock with a delicious crunchy whole grain breading. These scrumptious oven-ready pollock sticks have a crispy fun appeal kids and adults are drawn to. Each bakes to golden crunchy perfection, and is consistently sized to optimize inventory control for Child Nutrition-approved applications.

Product Last Saved Date: 20 October 2025

Nutrition Facts

40 Servings per container

Serving Size 4 Sticks (112g)

Amount Per Serving Calories	190
	% Daily Value*
Total Fat 7 g	8%
Saturated Fat 1 g	6%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 260 mg	11%
Total Carbohydrates 18 g	7%
Dietary Fiber 2 g	5%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 15 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 1.2 mg	6%
Potassium 300 mg	6%

Product Specifications :					
Code GTIN		Type Of Catch			
1089876	10035493898763	WILD			

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.8125 INH	7.8125 INH	10.125 INH	0.5407 FTQ	20x4	540 Days	-10 FAH / 0 FAH

Ingredients:

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - C	Soy - 30			
Fish - C	Wheat - C	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 9-11 minutes.

CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Serving Suggestions:

Excellent for school lunch, or as a healthier breaded option for healthcare and senior living center dining paired with your favorite complementary sides and sauces.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH

STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN

REQUIREMENTS.











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CN Information:

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ

EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark



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1089876

PPYYDDDSNL From an MSC certified sustainable fishery. www.msc.org MSC-C-50552

LOT#:

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN DO NOT REFREEZE



INGREDIENTS: 64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, POLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, YELLOW CORN FLOUR, SUCAR, SALT, YEAST, SALT, FOLIC ACID), CONTAINS EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION, PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: FISH (POLLOCK), WHEAT, MILK V Not F



HIGH LINER FOODS, PORTSMOUTH, NH 03801

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS, USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 772020.

099009



High Liner Bid Desk Contact and Specification Verification:

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