

High Liner Foodservice Signature, 4.54 kg / 10 lb, Breaded Krunchie® Haddock Fillets

High Liner Foodservice Signature Breaded Krunchie® Haddock add zing to any dish. Here, premium wild caught Haddock fillets are breaded in a light, crunchy coating, and deliver the ideal combination of crispy crunch, and tender, mildly sweet white fish. Individually quick frozen for ease of handling and preparation, these breaded fillets easily deep fry or bake to golden crunchy perfection, and are Cold Plate/Retherm compatible. An excellent menu option that offers superb plate coverage and portion cost.

Product Last Saved Date: 31 August 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per about 2 fillets (160 g)

Amount Per Serving	
Calories	**290**
	% Daily Value*
Total Fat 11 g	**15%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 50 mg	**%**
Sodium 730 mg	**32%**
Total Carbohydrates 29 g	**%**
Dietary Fiber 1 g	**4%**
Total Sugars 1 g	
Includes Added Sugars	**%**
Protein 20 g	
Vitamin D	%
Calcium 75 mg	6%
Iron 2.5 mg	14%
Potassium 300 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
7786	10061763077866	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.9 KGM			Undeclared	

Shipping Information						
Length	**Width**	**Height**	**Volume**	**TIxHI**	**Shelf Life**	**Storage Temp From/To**
38.894 CMT	24.894 CMT	15.587 CMT	0.0151 MTQ	13x11	540 Days	

Ingredients :

Haddock fillets, Water, Toasted wheat crumbs, Flour (wheat, corn, soy), Vegetable oil (canola, soya), Modified corn starch, Corn starch, Sugar, Salt, Seasonings (onion, yeast extract, spices, garlic, soy sauce powder), Baking powder, Sodium phosphate (to retain moisture), Guar flour, Paprika, Caramel (colour). Contains: Haddock (fish), Wheat, Soy.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: PLACE 1- 4 FROZEN FILLETS IN PREHEATED 350°F/180°C OIL FOR ABOUT 6 1/2 - 7 MIN OR UNTIL DONE. INCREASE COOKING TIME FOR LARGER AMOUNTS. LET STAND 2 MIN. FORCED AIR CONVECTION OVEN: PLACE SINGLE LAYER OF FROZEN FILLETS ON SHALLOW BAKING PAN IN PREHEATED 425°F/220°C OVEN FOR ABOUT 6 MIN. TURN AND COOK FOR ANOTHER 6 MIN. OVEN: PLACE SINGLE LAYER OF FROZEN FILLETS ON SHALLOW BAKING PAN IN PREHEATED 450°F/230°C OVEN FOR ABOUT 18 MIN.

Serving Suggestions:

Ideal served with corn on a bed of oriental fried rice. Pair with mixed green and yellow beans and a side salad.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:





