

High Liner Foodservice Signature, 4.54 kg / 10 lb, Breaded Krunchie® Haddock Fillets

High Liner Foodservice Signature Breaded Krunchie® Haddock add zing to any dish. Here, premium wild caught Haddock fillets are breaded in a light, crunchy coating, and deliver the ideal combination of crispy crunch, and tender, mildly sweet white fish. Individually quick frozen for ease of handling and preparation, these breaded fillets easily deep fry or bake to golden crunchy perfection, and are Cold Plate/Retherm compatible. An excellent menu option that offers superb plate coverage and portion cost.

Product Last Saved Date: 04 June 2025



Nutrition Facts

Servings per container

Serving Size Per about 2 fillets (160 g)

Amount Per Serving Calories

290

<u> </u>	
	% Daily Value
Total Fat 11 g	15%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 50 mg	%
Sodium 730 mg	32%
Total Carbohydrates 29 g	%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes Added Sugars	%
Protein 20 g	
Vitamin D	9
Calcium 75 mg	6%
Iron 2.5 mg	149
Potassium 300 mg	69

Product Specifications :					
Code	GTIN	Type Of Catch			
7786	10061763077866				

Brand	GPC Description		
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.9 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
38.894 CMT	24.894 CMT	15.587 CMT	0.0151 MTQ	13x11	540 Days	

Ingredients:

Haddock fillets, Water, Toasted wheat crumbs, Flour (wheat, corn, soy), Vegetable oil (canola, soya), Modified corn starch, Corn starch, Sugar, Salt, Seasonings (onion, yeast extract, spices, garlic, soy sauce powder), Baking powder, Sodium phosphate (to retain moisture), Guar flour, Paprika, Caramel (colour). Contains: Haddock (fish), Wheat, Soy.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - NI	Milk - NI	Soy - NI			
Fish - NI	Wheat - NI	TreeNuts - NI			
Peanuts - NI	Crustacean - NI	Sesame - NI			

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: PLACE 1- 4 FROZEN FILLETS IN PREHEATED 350°F/180°C OIL FOR ABOUT 6 1/2 - 7 MIN OR UNTIL DONE. INCREASE COOKING TIME FOR LARGER AMOUNTS. LET STAND 2 MIN. FORCED AIR CONVECTION OVEN: PLACE SINGLE LAYER OF FROZEN FILLETS ON SHALLOW BAKING PAN IN PREHEATED 425°F/220°C OVEN FOR ABOUT 6 MIN. TURN AND COOK FOR ANOTHER 6 MIN. OVEN: PLACE SINGLE LAYER OF FROZEN FILLETS ON SHALLOW BAKING PAN IN PREHEATED 450°F/230°C OVEN FOR ABOUT 18 MIN.

Serving Suggestions:

Ideal served with corn on a bed of oriental fried rice. Pair with mixed green and yellow beans and a side salad.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No

CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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