



10/6 LB Crunchy Raw Breaded Haddock Squares 4 oz, Kosher, MSC

High Liner Foodservice Crunchy Breaded Haddock Squares add zing to any dish. Here, premium wild caught Haddock are breaded in a light, crunchy coating that perfectly preserves the mildly sweet, creamy flakiness of this species when deep-fried. In 4 minutes or less, you have that ideal blend of golden crispy, melt-in-your-mouth flakiness patrons truly crave, with the consistency and plate coverage you demand. These highly versatile Haddock Squares aren't just a great option for your menu, they're a menu must.

Product Last Saved Date: 25 November 2024



HIGH LINER
FOODSERVICE™

Nutrition Facts

24 Servings per container

Serving Size 1 Portion (112g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 1 g 1%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 35 mg 12%

Sodium 330 mg 14%

Total Carbohydrates 26 g 10%

Dietary Fiber 0 g 0%

Total Sugars 1 g

Includes 1 g Added Sugars 1%

Protein 14 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.9 mg 4%

Potassium 230 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10003370	10073538033700	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
66 LBR	60.0 LBR	N/A	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.1968 INH	11.8219 INH	17.0187 INH	2.0022 FTQ	9x2	540 Days	-10 FAH / 0 FAH

Ingredients :

HADDOCK, BLEACHED WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WHITE CORN FLOUR, NATURAL FLAVOR, SUGAR, CANOLA OIL, SALT, SPICES, YEAST, GARLIC POWDER, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), PAPRIKA EXTRACT (COLOR). CONTAINS: FISH (HADDOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 3 ½ - 4 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Species / Scientific Name:

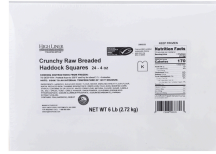
Haddock - Melanogrammus aeglefinus

Serving Suggestions:

Crunchy Breaded Haddock Squares are ideal for crispy fish sandwiches, baskets and seafood platters. They pair well with coleslaw and fries, traditional seafood sauces or your own complementary sauce recipe.

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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