

ES Foods

200333 - Breakfast Kit Apple Muffin Top TS

Each serving (1 meal) of Thaw & Serve Breakfast Breaks provides 2 ounce equivalent grain servings and ½ cup fruit based on the USDA Food Buying Guide



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
61151	200333	10693392001716	1 x 48 CT

Brand	Brand Owner	GPC Description
ES Foods	East Side Entrees	Desserts (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.7 LBR	22.2 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
23.625 INH	15.875 INH	7.75 INH	1.68 FTQ	5x8	90 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

Serve at room temperature.

HANDLING SUGGESTIONS

Store Frozen. -10°F to 15°F.

PREPARATION & COOKING SUGGESTIONS

Thawed & refrigerated - 4 days (<38°F)

MORE INFORMATION

Nutrition Facts

48 Servings per container

Serving Size7.40 ounces

Amount Per Serving

Calories310

% Daily Value\*

Total Fat7.5 g10.2%

Saturated Fat1.5 g2.5%

Trans Fat0 g

Cholesterol15 mg8.3%

Sodium160 mg6.3%

Total Carbohydrates59 g21.4%

Dietary Fiber3 g10.7%

Total Sugars33 g

Includes 21 g Added Sugars36%

Protein3 g

Vitamin D0 mcg0%

Calcium27 mg2%

Iron2.3 mg12.7%

Potassium195 mg3.8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

WG Smart Choice Apple Muffin Top: Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Sugar, Water, Apples, Egg, Soybean/Canola Oil, Invert Sugar, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or less of: Dairy Whey, Wheat Gluten, Soy Flour, Cinnamon, Brown Sugar, Molasses, Sodium Stearoyl Lactylate, Propylene Glycol, Monoesters, Mono and Diglycerides, Guar Gum, Soy Lecithin, Annatto and Turmeric Oleoresin, Enzymes, Pal Oil, Sodium Benzoate, Natura land Artificial Flavor, Vitamin A Palmitate, Powder Fruit Juice, Grain Dextrin, Vegetable Fiber, Potassium Sorbate, Nutmeg. Grahams, Mini Cinnamon (WG): Whole Wheat Flour, Sugar, Bleached Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Canola Oil), Cinnamon, Honey, Molasses, Soy Lecithin, Salt, Baking Soda, Eggs, Milk. Apple Sauce, Unsweetened: Apples, Water, Ascorbic Acid.

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NUTRITIONAL ANALYSIS



Calories	310
Protein	3 g
Total Carbohydrates	59 g
Sugars	33 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7.5 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	21 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	15 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	27 mg
Iron	2.3 mg
Potassium	195 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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