

200333 - Breakfast Kit Apple Muffin Top TS

Each serving (1 meal) of Thaw & Serve Breakfast Breaks provides 2 ounce equivalent grain servings and ½ cup fruit based on the USDA Food Buying Guide



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
61151	200333	10693392001716	1 x 48 CT

Brand	Brand Owner	GPC Description
ES Foods	East Side Entrees	Desserts (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.7 LBR	22.2 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	Tlx/HL	Shelf Life	Storage Temp From/To
23.625 INH	15.875 INH	7.75 INH	1.68 FTQ	5x8	90 Days	-10 FAH / 0 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

HANDLING SUGGESTIONS



Store Frozen. -10°F to 15°F.

SERVING SUGGESTIONS



Serve at room temperature.

PREPARATION & COOKING SUGGESTIONS



Thawed & refrigerated - 4 days (<38°F)

MORE INFORMATION



Nutrition Facts

48 Servings per container

Serving Size 7.40 ounces

Amount Per Serving
Calories **310**

% Daily Value*

Total Fat 7.5 g **10.2%**

Saturated Fat 1.5 g **2.5%**

Trans Fat 0 g

Cholesterol 15 mg **8.3%**

Sodium 160 mg **6.3%**

Total Carbohydrates 59 g **21.4%**

Dietary Fiber 3 g **10.7%**

Total Sugars 33 g

Includes 21 g Added Sugars **36%**

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 27 mg 2%

Iron 2.3 mg 12.7%

Potassium 195 mg 3.8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



WG Smart Choice Apple Muffin Top: Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Sugar, Water, Apples, Egg, Soybean/Canola Oil, Invert Sugar, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or less of: Dairy Whey, Wheat Gluten, Soy Flour, Cinnamon, Brown Sugar, Molasses, Sodium Stearoyl Lactylate, Propylene Glycol, Monoesters, Mono and Diglycerides, Guar Gum, Soy Lecithin, Annatto and Turmeric Oleoresin, Enzymes, Pal Oil, Sodium Benzoate, Natural Artificial Flavor, Vitamin A Palmitate, Powder Fruit Juice, Grain Dextrin, Vegetable Fiber, Potassium Sorbate, Nutmeg. Grahams, Mini Cinnamon (WG): Whole Wheat Flour, Sugar, Bleached Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Canola Oil), Cinnamon, Honey, Molasses, Soy Lecithin, Salt, Baking Soda, Eggs, Milk, Apple Sauce, Unsweetened: Apples, Water, Ascorbic Acid.

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NUTRITIONAL ANALYSIS



Calories	310
Protein	3 g
Total Carbohydrates	59 g
Sugars	33 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7.5 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	21 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	15 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	27 mg
Iron	2.3 mg
Potassium	195 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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