

ES Foods

200333 - Breakfast Kit Apple Muffin Top TS

Each serving (1 meal) of Thaw & Serve Breakfast Breaks provides 2 ounce equivalent grain servings and ½ cup fruit based on the USDA Food Buying Guide



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
61151	200333	10693392001716	1 x 48 CT


Brand	Brand Owner	GPC Description
ES Foods	East Side Entrees	Desserts (Frozen)


Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.7 LBR	22.2 LBR	No	United States	Undeclared	No


Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
23.625 INH	15.875 INH	7.75 INH	1.68 FTQ	5x8	90 Days	-10 FAH / 0 FAH


ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'


-  Milk - C


 Eggs - C


 Soy - C

 Wheat - C

 Sesame - N
-  Peanuts - N

 Tree Nuts - N

 Fish - N

 Shellfish - N

HANDLING SUGGESTIONS

Store Frozen. -10°F to 15°F.

SERVING SUGGESTIONS

Serve at room temperature.

PREPARATION & COOKING SUGGESTIONS

Thawed & refrigerated - 4 days (<38°F)

Nutrition Facts

48 Servings per container

Serving Size7.40 ounces

Amount Per ServingCalories310

% Daily Value\*

Total Fat 7.5 g10.2%

Saturated Fat 1.5 g2.5%

Trans Fat 0 g

Cholesterol 15 mg8.3%

Sodium 160 mg6.3%

Total Carbohydrates 59 g21.4%

Dietary Fiber 3 g10.7%

Total Sugars 33 g

Includes 21 g Added Sugars36%

Protein 3 g

Vitamin D 0 mcg0%

Calcium 27 mg2%

Iron 2.3 mg12.7%

Potassium 195 mg3.8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

WG Smart Choice Apple Muffin Top: Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Sugar, Water, Apples, Egg, Soybean/Canola Oil, Invert Sugar, Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or less of: Dairy Whey, Wheat Gluten, Soy Flour, Cinnamon, Brown Sugar, Molasses, Sodium Stearoyl Lactylate, Propylene Glycol, Monoesters, Mono and Diglycerides, Guar Gum, Soy Lecithin, Annatto and Turmeric Oleoresin, Enzymes, Pal Oil, Sodium Benzoate, Natura land Artificial Flavor, Vitamin A Palmitate, Powder Fruit Juice, Grain Dextrin, Vegetable Fiber, Potassium Sorbate, Nutmeg. Grahams, Mini Cinnamon (WG): Whole Wheat Flour, Sugar, Bleached Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Canola Oil), Cinnamon, Honey, Molasses, Soy Lecithin, Salt, Baking Soda, Eggs, Milk. Apple Sauce, Unsweetened: Apples, Water, Ascorbic Acid.

MORE INFORMATION

ES Foods

200333 - Breakfast Kit Apple Muffin Top TS

Each serving (1 meal) of Thaw & Serve Breakfast Breaks provides 2 ounce equivalent grain servings and ½ cup fruit based on the USDA Food Buying Guide

NUTRITIONAL ANALYSIS



Calories	310	Total Fat	7.5 g	Sodium	160 mg
Protein	3 g	Trans Fat	0 g	Calcium	27 mg
Total Carbohydrates	59 g	Saturated Fat	1.5 g	Iron	2.3 mg
Sugars	33 g	Added Sugars	21 g	Potassium	195 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15 mg		
Vitamin A (IU)	0 0 iu	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
-----------	-----------