

# 35036 - Octopus Poached



-Unparalleled food safety -Our gourmet poached octopus has been slow cooked sous-vide until perfectly tender-Simply prepared: octopus, salt, citric acid and sodium citrate-Serving size: 3 ounces -Servings per container: varies-Long shelf life: keeps for 548 days frozen -10 pouches/case -Protein-rich: 13g per serving -70 calories per serving -Allows for versatile reheating: cast...



## MARKETING



## Nutrition Facts

14 Servings per container

**Serving Size** **84.0 GR**

**Amount Per Serving**  
**Calories** **70**

% Daily Value\*

**Total Fat** 1 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 40 mg **13%**

**Sodium** 200 mg **9%**

**Total Carbohydrates** 2 g **1%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 13 g

Vitamin D 0 mcg 0%

Calcium 51 mg 4%

Iron 4 mg 20%

Potassium 672 mg 35%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS



Code		GTIN		Pack Description		
645075		00705044052779		10/2.5 LB		
Brand		Brand Owner		GPC Description		
Cuisine Solutions		Gourmet Foods International		Shellfish Prepared/Processed (Perishable)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
25.15 LBR	25 LBR	Yes	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.625 INH	10.625 INH	10.688 INH	0.83 FTQ	12x04	357 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

## HANDLING SUGGESTIONS



KEEP FROZEN AT 0°F OR BELOW GFI ITEM NUMBER: 35036

## ALLERGENS



**C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - N
- Crustaceans - N

## INGREDIENTS



Octopus, Salt, Citric Acid, Sodium Citrate (may contain sulphites, crustaceans and fish traces).

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### PREPARATION & COOKING SUGGESTIONS

Heat Grill to Medium- high heat & pat octopus dry. Toss lightly in oil & remove excess. Char on grill for 5-6 Minutes, turning the octopus 3-4 times.

### SERVING SUGGESTIONS

Serve Octopus Fried, Grilled, Cold Marinated or cooked in a Cast Iron Skillet.

### MORE INFORMATION