

## 4/2.5 Lb Flake Style Imitation Crabmeat, MSC

High Liner Surimi Flakes Without Crab are made from premium wild caught Alaska Pollock, representing a definite step up for this category. These delicious Flakes come fully cooked, ready to enjoy, and possess the authentic, sweet succulence of real crabmeat. A truly superb value, these versatile, quality Surimi Flakes fit a variety of menu applications with a higher end taste, texture, and appearance than comparable products.

Product Last Saved Date: 20 October 2025



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

13 Servings per container

**Serving Size** 1/2 cup (85g)

**Amount Per Serving**

**Calories** **110**

% Daily Value\*

**Total Fat** 2 g **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 10 mg **3%**

**Sodium** 630 mg **27%**

**Total Carbohydrates** 16 g **7%**

Dietary Fiber 0 g **0%**

Total Sugars 3 g

Includes 3 g Added Sugars **6%**

**Protein** 5 g

Vitamin D 0 mcg **0%**

Calcium 9 mg **0%**

Iron 0 mg **0%**

Potassium 39 mg **0%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10023188	10010887231883	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.75 LBR	10 LBR	United States	Undeclared	

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.1969 INH	7.1969 INH	5.3937 INH	0.2740 FTQ	20x8	547 Days	-10 FAH / 0 FAH

### Ingredients :

FISH PROTEIN (ALASKA POLLOCK AND/OR WHITING), WATER, WHEAT STARCH, EGG WHITES (WATER, EGG WHITE POWDER), SUGAR, WHEAT FLOUR, SORBITOL, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, SALT, MIRIN (CORN SYRUP, FERMENTED RICE EXTRACT, WATER, SALT), NATURAL AND ARTIFICIAL FLAVORS (HYDROLYZED SOY PROTEIN, CRAB EXTRACT), SODIUM TRIPOLYPHOSPHATE, TETRASODIUM PYROPHOSPHATE, CARMINE, PAPRIKA OLEORESIN, COLOR ADDED. ALLERGENS: FISH PROTEIN (ALASKA POLLOCK, WHITING), WHEAT, SOY, CRUSTACEAN SHELLFISH (BLUE CRAB), EGGS.

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - C	Milk - INII	Soy - C
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - C	Sesame - INII

### Prep & Cooking Suggestions:

Fully cooked, ready to eat. For food safety, keep frozen -18°C (0°F) until used. If thawing, remove product from vac pack first and thaw under refrigeration 38°F or below. Once thawed, keep chilled and use immediately. Do not refreeze.

### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus, Pacific Whiting - Merluccius Productus

### Serving Suggestions:

These Imitation Crab Meat Flakes are ideal atop a salad, as an appetizer, or in soups (like gumbo). They can be served with drawn butter, cocktail sauce, or your own complementary sauce recipe.

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement:

