



## 4/2.5 Lb Flake Style Imitation Crabmeat, MSC

High Liner Surimi Flakes Without Crab are made from premium wild caught Alaska Pollock, representing a definite step up for this category. These delicious Flakes come fully cooked, ready to enjoy, and possess the authentic, sweet succulence of real crabmeat. A truly superb value, these versatile, quality Surimi Flakes fit a variety of menu applications with a higher end taste, texture, and appearance than comparable products.

Product Last Saved Date: 01 July 2025

# Nutrition Facts

13 Servings per container

Serving Size 1/2 cup (85g)

Amount Per Serving

Calories 110

% Daily Value\*

Total Fat 2 g 3%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 10 mg 3%

Sodium 630 mg 27%

Total Carbohydrates 16 g 7%

Dietary Fiber 0 g 0%

Total Sugars 3 g

Includes 3 g Added Sugars 6%

Protein 5 g

Vitamin D 0 mcg 0%

Calcium 9 mg 0%

Iron 0 mg 0%

Potassium 39 mg 0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10023188	10010887231883	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.75 LBR	10 LBR	United States	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.1969 INH	7.1969 INH	5.3937 INH	0.2740 FTQ	20x8	547 Days	-10 FAH / 0 FAH

### Ingredients :

FISH PROTEIN (ALASKA POLLOCK AND/OR WHITING), WATER, WHEAT STARCH, EGG WHITES (WATER, EGG WHITE POWDER), SUGAR, WHEAT FLOUR, SORBITOL, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, SALT, MIRIN (CORN SYRUP, FERMENTED RICE EXTRACT, WATER, SALT), NATURAL AND ARTIFICIAL FLAVORS (HYDROLYZED SOY PROTEIN, CRAB EXTRACT), SODIUM TRIPOLYPHOSPHATE, TETRASODIUM PYROPHOSPHATE, CARMINE, PAPRIKA OLEORESIN, COLOR ADDED. ALLERGENS: FISH PROTEIN (ALASKA POLLOCK, WHITING), WHEAT, SOY, CRUSTACEAN SHELLFISH (BLUE CRAB), EGGS.

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - C	Milk - N	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - C	Sesame - N

### Prep & Cooking Suggestions:

Fully cooked, ready to eat. For food safety, keep frozen -18°C (0°F) until used. If thawing, remove product from vac pack first and thaw under refrigeration 38°F or below. Once thawed, keep chilled and use immediately. Do not refreeze.

### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus, Pacific Whiting - Merluccius Productus

### Serving Suggestions:

These Imitation Crab Meat Flakes are ideal atop a salad, as an appetizer, or in soups (like gumbo). They can be served with drawn butter, cocktail sauce, or your own complementary sauce recipe.

### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:

