



MARKETING

Nutrition Facts

1 Servings per container

Serving Size1 container

Amount Per Serving

Calories80

% Daily Value*

Total Fat 00%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 75 mg3%

Total Carbohydrates 15 g5%

Dietary Fiber 0 g0%

Total Sugars 12 g

Includes 7 g Added Sugars14%

Protein 3 g

Vitamin D 4 mcg20%

Calcium 320 mg25%

Iron 0 mg0%

Potassium 200 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack		
121045	227542	10078800116884	48/4oz UPFARM STRAW		

Brand	Brand Owner	GPC Description
Upstate Farms	Upstate Niagara Cooperative, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.5 LBR	12 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.19 INH	9.94 INH	7.19 INH	.55	14x8	90 Days	34 FAH / 40 FAH

HANDLING SUGGESTIONS

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with granola or fruit.

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Blueberries, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Fruit and Vegetable Juice Concentrate (For Color), Citric Acid, Potassium Sorbate (For Freshness), Vitamin D3

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Mustard - N

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	80
Protein	3 g
Total Carbohydrates	15 g
Sugars	12 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	7 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	320 mg
Iron	0 mg
Potassium	200 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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