

985671 - Sardines in Olive Oil



These celebrated sardines from Galicia are net-caught along the shores of the Rianxo estuaries in northern Spain. They are processed within hours of being harvested. After a rinse in fresh seawater, they are lightly sautéed in extra virgin oil, just enough to hold their shape-then they are carefully packed by hand to be preserved in tins. Exceptionally tender and mild in flavor...



MARKETING

Net-caught sardines from Galicia, hand-packed in olive oil to preserve their tender texture and mild flavor.

Nutrition Facts

1 Servings per container	
Serving Size	2.0 OZ
Amount Per Serving	
Calories	131
% Daily Value*	
Total Fat 9 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 24 mg	8%
Sodium 360 mg	16%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 13 g	
Vitamin D 1.6 mcg	8%
Calcium 445 mg	34%
Iron 2 mg	11%
Potassium 212 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
855985004792		30855985004793		12/3 OZ		
Brand		Brand Owner		GPC Description		
Mercado Little Spain - José Andrés Selection		Conservas del Noroeste		Fish - Prepared/Processed (Shelf Stable)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
5 LBR	2.25 LBR	No	Spain	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12 INH	4.45 INH	2.56 INH	0.08 FTQ	20x14	1787 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

refrigerated after open during 24 hrs---UNIT UPC: 855985004792---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - MC
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - MC
- Crustaceans - MC

INGREDIENTS

sardines, olive oil and salt

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PREPARATION & COOKING SUGGESTIONS

ready to eat

SERVING SUGGESTIONS

Best enjoyed with a crisp white wine or a cold beer and some crusty bread.

MORE INFORMATION