

ES Foods

200330 - Breakfast Kit Cinnamon Toast Crunch Reduced Sugar

Each serving (1 meal) of Breakfast Breaks provides 2 ounce equivalent grains, and ½ cup fruit based on the USDA Food Buying Guide Requirements.



MARKETING

## Nutrition Facts

72 Servings per container

**Serving Size** 5.9 ounces

**Amount Per Serving**

**Calories** 270

**% Daily Value\***

<b>Total Fat</b> 5.5 g	<b>7%</b>
Saturated Fat 1 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 235 mg	<b>9.3%</b>
<b>Total Carbohydrates</b> 55 g	<b>20%</b>
Dietary Fiber 5 g	<b>14%</b>
Total Sugars 25 g	
Includes 13 g Added Sugars	<b>24%</b>
<b>Protein</b> 3 g	

Vitamin D 2 mcg	7%
Calcium 88 mg	7.5%
Iron 2.8 mg	19.4%
Potassium 169 mg	3.2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
61119	200330	10693392000184	72 / 5.9 ONZ

Brand	Brand Owner	GPC Description
ES Foods	East Side Entrees	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.4 LBR	26.55 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
23.75 INH	19.25 INH	11.875 INH	3.15 FTQ	4x8	120 Days	34 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS

Serve with carton of milk.

INGREDIENTS

Cinnamon Toast Crunch (25% Less Sugar): Whole Grain Wheat, Rice Flour, Sugar, Rice Flour, Polydextrose, Canola and/or Sunflower Oil, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color, Rosemary Extract, BHT added to preserve freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (Sodium Ascorbate), Iron and Zinc (Mineral Nutrients), A B Vitamin (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamin Mononitrate), Vitamin A (Palmitate), Vitamin B2 (Riboflavin), A B Vitamin (Folic Acid), Vitamin B12, Vitamin D3. Grahams, Mini Cinnamon (WG): Whole Wheat Flour, Sugar, Bleached Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Canola Oil), Cinnamon, Honey, Molasses, Soy Lecithin, Salt, Baking Soda, Eggs, Milk. 100% Juice - Apple Juice: Water, Apple Juice Concentrate, Vitamin C (Ascorbic Acid).

HANDLING SUGGESTIONS

Store Dry. 34°F to 85°F.

PREPARATION & COOKING SUGGESTIONS

Ready-to-eat

MORE INFORMATION

ES Foods

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NUTRITIONAL ANALYSIS



Calories	270
Protein	3 g
Total Carbohydrates	55 g
Sugars	25 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	5.5 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	235 mg
Calcium	88 mg
Iron	2.8 mg
Potassium	169 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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