

631520 - Kaptain's Ketch Maryland Style Crab Cake 3oz Oven Rea...

The secret to a Maryland crab cake lies within the Maryland seafood seasoning. These unbreaded cakes are perfect for a sandwich or buffet. Oven ready and deep fry options available.



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
KK2303BX	631520	00054336023035	1/32/3oz

Brand	Brand Owner	GPC Description
KAPTAINS KETCH	CUISINE INNOVATIONS LLC	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.56 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
14.25 INH	9.5 INH	3.25 INH	439.97 INQ	12x19	548 Days	-10 FAH / 0 FAH

HANDLING SUGGESTIONS



32 / 3oz pcs per 6lb box, Storage Info: Frozen 0 degrees

SERVING SUGGESTIONS



Serve Hot

PREPARATION & COOKING SUGGESTIONS



For best results cook from frozen. Bake on center rack for best results, keeping in mind oven calibration variances and rotate pan if necessary. For safety purposes, product must be cooked to an internal temperature of 165°F as measured by a food thermometer. Depending on the number of pieces, cooking time may vary. Microwave: Not Recommended Grilling/Deep Fry: Not Recommended Toaster: Pre-heat oven to 375°F. Remove product from tray and place on a greased baking sheet ½ inch apart. Bake 20-25 minutes. Conventional: Pre-heat oven to 375°F. Remove product from tray and place on a greased baking sheet ½ inch apart. Bake 20-25 minutes. Convection: Pre-heat oven to 375°F. Remove product from tray and place on a greased baking sheet ½ inch apart. Bake 18-20 minutes.

Nutrition Facts

32 Servings per container

Serving Size

1 crabcake

Amount Per Serving

Calories

180

% Daily Value*

Total Fat 11 g **17%**

Saturated Fat 1 g **5%**

Trans Fat 0 g

Cholesterol 25 mg **8%**

Sodium 520 mg **22%**

Total Carbohydrates 15 g **5%**

Dietary Fiber 1 g **4%**

Total Sugars 2 g

Includes 0 g Added Sugars **0%**

Protein 6 g

Vitamin D 0 mcg 0%

Calcium 0 mg 10%

Iron 0 mg 2%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



INGREDIENTS Seafood Surimi (fish protein [pollock, cod and/or pacific whiting], water, potato starch, wheat starch, sugar, egg white, contains 2% or less of: natural & artificial flavors, modified tapioca starch, wheat gluten, rice wine, isolated soy protein, calcium carbonate, sorbitol, salt, cellulose, carrageenan, hydrolyzed corn protein, sodium tripolyphosphate, tetrasodium pyrophosphate, autolyzed yeast extract, color added), Blue Crab Mince, Mayonnaise (soybean oil, whole eggs, vinegar, water, egg yolks, salt, dextrose, sugar, lemon juice, calcium disodium EDTA [used to protect quality], natural flavors), Water, Bread Crumbs (wheat flour, sugar, yeast, salt), Canola Oil, Crab Seasoning (monosodium glutamate, salt, spices, sodium diacetate, onion & garlic powder, hydrolyzed soy protein, molasses powder [molasses, maltodextrin], caramel color, autolyzed yeast extract, sugar, dextrose, natural flavor, paprika, not more than 2% silicon dioxide to prevent caking), Maryland Style Crab Seasoning (salt, spices, paprika), Whole Eggs (whole eggs, citric acid), Mustard Flour, Cellulose. Contains: Egg, Fish

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived from Ingredients'; NI = 'No Info'

Milk - NI Peanuts - NI

Eggs - C Tree - NI

Soybean - C Fish - C

Wheat - C Shellfish - C

Sesame - NI Crustaceans - C

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	180
Protein	6 g
Total Carbohydrates	15 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	11 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	25 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	520 mg
Calcium	0 mg
Iron	0 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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