

# 250733 - Fully Cooked Boneless, Skinless Whole Grain Breaded C...

Whole grain boneless skinless breaded chicken breast fillets with rib meat provide a tender and juicy bite and are fully cooked providing food safety peace of mind.



### MARKETING

Whole grain. Fully cooked to save labor, time, and minimize food safety risk from handling. Product is to be processed under AMS Grading supervision for commodity processed and CN requirements.. Skinless

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
7516	250733	10075632075167	6/5 LBR

Brand	Brand Owner	GPC Description
Gold Kist	Pilgrim's Corporation	Chicken - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
32.02 LBR	30 LBR	No	United States	Undeclared	Yes

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17 INH	13 INH	11.43 INH	1.48 FTQ	8x7	365 Days	-10 FAH / 10 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

### HANDLING SUGGESTIONS

KEEP FROZEN

### MORE INFORMATION

### SERVING SUGGESTIONS

Appetizer or Entrée

### PREPARATION & COOKING SUGGESTIONS

HEATING INSTRUCTIONS FROM FROZEN:  
Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 30 minutes.

## Nutrition Facts

122 Servings per container

**Serving Size** 1 Piece (4oz)

**Amount Per Serving**  
**Calories** 230

	% Daily Value*
<b>Total Fat</b> 9 g	<b>11%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 55 mg	<b>18%</b>
<b>Sodium</b> 440 mg	<b>19%</b>
<b>Total Carbohydrates</b> 19 g	<b>7%</b>
Dietary Fiber 2 g	<b>9%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>1%</b>

<b>Protein</b> 19 g	
Vitamin D 0 mcg	0%
Calcium 20 g	2%
Iron 1.2 mg	6%
Potassium 420 mg	9%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

Boneless Skinless Chicken Breast Fillets With Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract. Breaded With: Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extractives Of Paprika, Annatto And Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate). Battered With: Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor). Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive. Breading Set In Vegetable Oil. Contains: Milk, Wheat

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### NUTRITIONAL ANALYSIS



Calories	230
Protein	19 g
Total Carbohydrates	19 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	9 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	0 g
Polyunsaturated Fat	4 g
Monounsaturated Fat	2 g
Cholesterol	55 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	440 mg
Calcium	20 g
Iron	1.2 mg
Potassium	420 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



### MORE IMAGES

