

650970 - Appleways Whole Grain 1.2 oz Soft Oatmeal Apple Bars,...

Appleways Simply Wholesome Apple Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all-natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways Apple 1.2 oz Soft Oatmeal Bars meet or exceed the USDA nutritional re...



MARKETING



Nutrition Facts

216 Servings per container	
Serving Size	1 Bar
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 4.5 g	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 90 mg	4%
Total Carbohydrates 23 g	8%
Dietary Fiber 1 g	4%
Total Sugars 9 g	
Includes 8 g Added Sugars	16%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 1 mg	6%
Potassium 61 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
70100	650970	00675825701007	216/1.2 ONZ

Brand	Brand Owner	GPC Description
Appleways	Darlington Cookie Co. Inc. - 0675825000018	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
18 LBR	16.2 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.07 INH	15.82 INH	7.4 INH	1.29 FTQ	6x8	180 Days	50 FAH / 80 FAH

HANDLING SUGGESTIONS



Dry Storage/Ready-to-Eat

SERVING SUGGESTIONS



1 Bar

PREPARATION & COOKING SUGGESTIONS



Ready to Eat

INGREDIENTS



Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Whole Grain Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Corn Syrup, Invert Syrup, Soybean Oil, Raisin Paste, Canola Oil, Apple Puree (Apples, Ascorbic Acid), Apple Juice Concentrate, Fructose, Cocoa Butter, Eggs, Soy Lecithin, Molasses, Apple Fiber, Salt, Natural Flavors (Contains Milk), Baking Soda.
CONTAINS: WHEAT, SOY, EGG & MILK
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ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - NI
- Fish - N
- Shellfish - N
- Crustaceans - N

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	140
Protein	2 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	1
Vitamin A (RE)	1
Vitamin C	1 mg
Magnesium	
Monosodium	

Total Fat	4.5 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	8 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	90 mg
Calcium	10 mg
Iron	1 mg
Potassium	61 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

