

650974 - 1.2oz WG Soft Oatmeal Strawberry Bar - Each

Appleways Simply Wholesome Strawberry Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all-natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz Strawberry Soft Oatmeal Bars meet or exceed the USDA nutr...



MARKETING

Appleways 1.2 oz Strawberry Soft Oatmeal Bars meet or exceed the USDA nutritional requirements for a one (1) ounce grain equivalent.. Packed with whole grains and all-natural flavors, everyone can feel good enjoying them as a tasty anytime snack.. Produced in a Nut-Free Bakery.

Nutrition Facts

1 Servings per container	
Serving Size	1
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 4.5	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 75 mg	3%
Total Carbohydrates 23 g	8%
Dietary Fiber 1 g	4%
Total Sugars 9 g	
Includes Added Sugars	%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 1 mg	6%
Potassium 55 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
70490	650974	00675825704909	216 x 1.2 ONZ

Brand	Brand Owner	GPC Description
Appleways	Darlington Cookie Co. Inc.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
1.3 ONZ	1.2 ONZ	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
5.75 INH	2.875 INH	0.675 INH		6x8	180 Days	45 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS

1 bar

INGREDIENTS

Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Invert Syrup, Soybean Oil, Corn Syrup, Canola Oil, Raisin Paste, Strawberry Bits (Sugar, Soybean Oil, Whole Grain Wheat Flour, Strawberry Powder, Citric Acid, Fruit Juice Extract, Natural Flavors), Eggs, Apple Puree (Apples, Ascorbic Acid), Apple Juice Concentrate, Fructose, Apple Fiber, Natural Flavors, Soy Lecithin, Nonfat Dry Milk, Molasses, Cocoa Butter, Salt, Baking Soda. CONTAINS: WHEAT, SOY, EGG & MILK

HANDLING SUGGESTIONS

Dry Storage & Ready to Eat

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	140
Protein	2 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	4.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	10 mg
Iron	1 mg
Potassium	55 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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