



MARKETING

Sweeten up your day with our delectable strawberry flavor.

Nutrition Facts

1 Servings per container

Serving Size1 Bar

Amount Per Serving

Calories140

% Daily Value\*

Total Fat 4.5 g6%

Saturated Fat 0.5 g3%

Trans Fat 0 g

Cholesterol 5 mg2%

Sodium 75 mg3%

Total Carbohydrates 23 g8%

Dietary Fiber 1 g4%

Total Sugars 9 g

Includes 8 g Added Sugars16%

Protein 2 g

Vitamin D 0 mcg0%

Calcium 10 mg0%

Iron 1 mg6%

Potassium 55 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
70400	650974	00675825704008	216/1.2 ONZ			
Brand	Brand Owner	GPC Description				
Appleways	Darlington Cookie Company	Cereal/Muesli Bars				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
18 LBR	16.2 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.07 INH	15.82 INH	7.4 INH	1.29 FTQ	6x8	180 Days	50 FAH / 80 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry Storage/Ready-to-Eat

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - N

Soybean - C

Wheat - C

Sesame - N

Molluscs - N

Peanuts - N

Tree - NI

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Invert Syrup, Corn Syrup, Raisin Paste, Canola Oil, Apple Puree (Apples, Ascorbic Acid), Apple Juice Concentrate, Fructose, Strawberry Bits (Sugar, Soybean Oil, Whole Grain Wheat Flour, Strawberry Powder, Citric Acid, Fruit Juice Extract, Natural Flavors), Soy Lecithin, Salt, Natural Flavors, Molasses, Non-fat Dry Milk, Apple Fiber, Baking Soda. CONTAINS: WHEAT, SOY, & MILK

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

SERVING SUGGESTIONS

1 Bar

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	140	Total Fat	4.5 g	Sodium	75 mg
Protein	2 g	Trans Fat	0 g	Calcium	10 mg
Total Carbohydrates	23 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	9 g	Added Sugars	8 g	Potassium	55 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg		
Vitamin A (IU)	1	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	1	Vitamin E		Niacin	
Vitamin C	1 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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