632600 - 10/6 LB Crunchy Raw Breaded Haddock Squares 4 oz, Kos...

High Liner Foodservice Crunchy Breaded Haddock Squares add zing to any dish. Here, premium wild caught Haddock are breaded in a light, crunchy coating that perfectly preserves the mildly sweet, creamy flakiness of this species when deep-fried. In 4 minutes or less, you have that ideal blend of golden crispy, melt-in-your-mouth flakiness patrons truly crave, with the consistency...





MARKETING



Nutrition Facts

24 Servings per container

Serving Size 1 Portion (112a)

Amount Per Serving Calories

1%

4%

	% Daily Value*
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 330 mg	14%
	100/

Total Carbohydrates 26 g 10% Dietary Fiber 0 g 0% Total Sugars 1 g

Includes 1 g Added Sugars

Protein 14 g

Vitamin D 0 mcg 0% Calcium 0 mg 0% Iron 0.9 ma 4%

Potassium 230 mg The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10003370	632600	10073538033700	10/6 LB

Brand	Brand Owner	GPC Description
High Liner Foodservice	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
66 LBR	60.0 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.1968 INH	11.8219 INH	17.0187 INH	2.0022 FTQ	9x2	540 Days	-10 FAH / 0 FAH

ALLERGENS





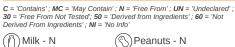


advice.

WHEAT

INGREDIENTS

Crunchy Breaded Haddock Squares are ideal for crispy fish sandwiches, baskets and seafood platters. They pair well with coleslaw and fries, traditional seafood sauces or your own



(%) Peanuts - N



(13) Tree Nuts - N

(M) Shellfish - NI



Fish - C



(%) Sesame - N

Keep Frozen

complementary sauce recipe.



HADDOCK, BLEACHED WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WHITE CORN FLOUR, NATURAL FLAVOR, SUGAR, CANOLA OIL, SALT, SPICES, YEAST, GARLIC POWDER, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), PAPRIKA

EXTRACT (COLOR). CONTAINS: FISH (HADDOCK),

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 3 1/2 - 4 minutes. NOTÉ: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

MORE INFORMATION



632600 - 10/6 LB Crunchy Raw Breaded Haddock Squares 4 oz, Kos...



High Liner Foodservice Crunchy Breaded Haddock Squares add zing to any dish. Here, premium wild caught Haddock are breaded in a light, crunchy coating that perfectly preserves the mildly sweet, creamy flakiness of this species when deep-fried. In 4 minutes or less, you have that ideal blend of golden crispy, melt-in-your-mouth flakiness patrons truly crave, with the consistency...

FOODSERVICE**

NUTRITIONAL ANALYSIS



Calories	170
Protein	14 g
Total Carbohydrates	26 g
Sugars	1 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	330 mg
Calcium	0 mg
Iron	0.9 mg
Potassium	230 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

(i)

KOSHER YES

MORE IMAGES







