

10 Lb (4.54 kg) Oven Ready Breaded Pollock Sticks, 1 oz, CN, MSC

Made from wild caught Pollock, High Liner Breaded Pollock Sticks are a quick and easy, deliciously crispy option with versatile appeal. These specially seasoned breaded portions come ready to fry or bake. Each cooks from frozen to golden crunchy perfection in minutes with the consistency and plate appeal you demand for a variety of Child Nutrition-approved applications.

Product Last Saved Date: 20 October 2025



Nutrition Facts

40 Servings per container

+0 Servings per container

4 Sticks (112g)

Amount Per Serving

Serving Size

240

Calories	
	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 480 mg	21%
Total Carbohydrates 22 g	8%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 1 g Added Sugars	2%
Protein 14 g	
Vitamin D 1 mcg	6%
Calcium 14 mg	2%
Iron 1 mg	6%
Potassium 270 mg	6%

Product Specifications :					
Code	GTIN	Type Of Catch			
06791 00074638067919		WILD			

Brand	GPC Description	
High Liner Foodservice	Fish - Prepared/Processed (Frozen)	

Gross Weight Net Weight		Country of Origin	Kosher	Gluten Free	ı	
	11 LBR	10 LBR	N/A	Undeclared	No	ı

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

Ingredients:

64.11% POLLOCK, 35.89% BATTER AND BREADING (ENRICHED BLEACH WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WATER, YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, SALT, SOYBEAN OIL, YEAST, PAPRIKA EXTRACT (COLOR), GRANULATED GARLIC, SPICES. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - 30	Soy - 30			
Fish - C	Wheat - C	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

Prep & Cooking Suggestions:

nutrition advice.

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Bake at 375°F for 8-12 minutes. CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Serving Suggestions:

Great for school lunches, or as a wrap or sandwich or basket healthcare and senior living center dining paired with your favorite complementary sides and sauces.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY BREADED FISH STICKS PROVIDE

2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS. Disclaimer: This product contains grains that are not creditable in school meal programs. Additional grains must

be served to meet meal pattern requirements.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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CN Information:

CN Statement: FOUR 1.00 OZ OVEN READY BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL

PATTERN REQUIREMENTS. Disclaimer: This product contains grains that are not creditable in school meal programs. Additional

grains must be served to meet meal pattern requirements.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark

Oven Ready Breaded Pollock Sticks

1 oz

sustainable fisherv www.msc.org MSC-C-50552

LOT#: 1234567890

CN

100606 FOUR 1.00 OZ OVEN READY BREADED FISH STICKS PROVI 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10/2023)

_ CN -

Disclaimer: This product contains grains that are not

EST. # 002

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664

COOKING INSTRUCTIONS FROM FROZEN:

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CONTAINS: POLLOCK (FISH), WHEAT

00074638067919

2566464

INDIVIDUALLY QUICK FROZEN

DO NOT REFREEZE

NET WT 10 Lb (4.54 kg)

00074638067919

High Liner Bid Desk Contact and Specification Verification:

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