



MARKETING

Enriched Hot Wheat Cereal. \*\*365 Days for product performance 60 Days against infestation

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
71923-64387	910010	10071923643879	12 / / 28.0 Ounce

Brand	Brand Owner	GPC Description
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
26.5 LBR	21 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.063 INH	10.75 INH	8.25 INH	0.619 FTQ	15x6	365 Days	50 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soy - N

Wheat - C

Sesame - N

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - N

SERVING SUGGESTIONS

3 TABLESPOONS

Nutrition Facts

24 Servings per container

Serving Size3 TABLESPOONS

Amount Per Serving

Calories120

% Daily Value\*

Total Fat0 g0%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium0 mg0%

Total Carbohydrates26 g9%

Dietary Fiber0 g2%

Total Sugars0 g

Includes 0 g Added Sugars0%

Protein3 g

Vitamin D0 mcg0%

Calcium0 mg0%

Iron1.5 mg8%

Potassium30 mg0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

ENRICHED FARINA (FARINA, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)

HANDLING SUGGESTIONS

DRY

PREPARATION & COOKING SUGGESTIONS

1 serving 1 1/4 cup water or 1/12 cup milk 1/8 tsp Salt Optional 3 Tbsp Farina 4 serving 5 cups water or 5 1/2 cups milk 1/2 tsp Salt Optional 3/4 cups Farina 24 serving 1 3/4 gal + 2 cups water or 2 gal +1 cup milk 1 tbsp Salt Optional 4 1/2 cups Farina Heat Water and salt (Optional) to boiling (Milk and salt to almost boiling) Add Farina slowly stirring constantly. Return to boiling over medium heat: then reduce heat to simmer Cook Approximately 10 minutes or until thickened. Stir Frequently.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	120	Total Fat	0 g	Sodium	0 mg
Protein	3 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	26 g	Saturated Fat	0 g	Iron	1.5 mg
Sugars	0 g	Added Sugars	0 g	Potassium	30 mg
Dietary Fiber	0 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	0.2 mg
Vitamin A (RE)		Vitamin E		Niacin	0.4 mg
Vitamin C		Folate		Riboflavin	0.1 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM	KOSHER	YES
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