Rugen Fisch

130040 - Herring Fillets in Hot Tomato Sauce

Rugen Fisch Herring Fillets in Hot Tomato Sauce



MARKETING

Rugen Fisch Herring Fillets in Hot Tomato Sauce is a ready to eat canned fish product. Product of Germany, Good Source of Protein and high in omega-3 fatty acids

Nutrition Facts

2 Servings per container

Serving Size **1/2 can drained**

Amount Per Serving

Calories **210**

	% Daily Value*
Total Fat 17 g	**22%**
Saturated Fat 2.5 g	**12%**
Trans Fat 0 g	
Cholesterol 50 mg	**17%**
Sodium 290 mg	**13%**
Total Carbohydrates 5 g	**2%**
Dietary Fiber 1 g	**2%**
Total Sugars 2 g	
Includes 2 g Added Sugars	**4%**
Protein 10 g	
Vitamin D 15.6 mcg	80%
Calcium 40 mg	4%
Iron 0.7 mg	4%
Potassium 190 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
13004	00639138527655	18/7.05 OZ

Brand	Brand Owner	GPC Description
Rugen Fisch	Brooklyn Imports	Shellfish Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.91 LBR	7.93 LBR	No	Germany	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16 INH	6 INH	3.5 INH	0.19 FTQ	14x13	830 Days	60 FAH / 77 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

HANDLING SUGGESTIONS

Pantry item, shelf stable---UNIT UPC: 639138527655---

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - C
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Herring Fillets (Clupea Harengus), water, tomato paste, canola oil, sugar, vinegar, salt, guar gum, food-starch modified, maltodextrine, spices, spice extracts, soybean oil, natural flavorsContains: Fish(herring)

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

Ready to eat canned fish product, eat as is, over rice, with crackers or flatbread

MORE INFORMATION