

DOLE

10071202162022 - BANANAS SL 1/30# IQF

• Simple ingredients. No added sugar.. • Frozen fruit maintains nutrients longer than fresh. • Pre-cut fruit saves time and money and extends blender life.



MARKETING

Frozen DOLE® Bananas provide premium quality fruit, picked at the peak of ripeness and sliced for labor savings and ease of use.. They are convenient, consistent, and ready-to-use, expanding your menu opportunities year-round. Frozen DOLE Fruit offers the same benefits of all natural, fresh fruit with no added sugar.

Nutrition Facts

97 Servings per container

Serving Size	1 cup (140g)
Amount Per Serving	
Calories	140
	% Daily Value*
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 32 g	12%
Dietary Fiber 4 g	14%
Total Sugars 17 g	
Includes 0 g Added Sugars	0%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 500 mg	10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
16202		10071202162022				
Brand	Brand Owner			GPC Description		
DOLE	DOLE PACKAGED FOODS LLC			Fruit - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
32 LBR	30 LBR	No	Philippines	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.063 INH	11.535 INH	10.354 INH	1.11 FTQ	10x6	365 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE		NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS

Keep frozen until use.

- ALLERGENS**
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Molluscs - N
- Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

BANANAS, ASCORBIC ACID (VITAMIN C) TO PROMOTE COLOR RETENTION, AND CITRIC ACID.

DOLE

10071202162022 - BANANAS SL 1/30# IQF

- Simple ingredients. No added sugar..
- Frozen fruit maintains nutrients longer than fresh.
- Pre-cut fruit saves time and money and extends blender life.

PREPARATION & COOKING SUGGESTIONS

Thaw and serve

SERVING SUGGESTIONS

A perfect substitution for butter or oil in muffins, pancakes and other baked goods, and can also be used for salads, sauces, desserts and more!

MORE INFORMATION

