



MARKETING



Nutrition Facts

12 Servings per container
Serving Size 1 ear (85g) frozen

Amount Per Serving
Calories **90**

% Daily Value*

Total Fat 1 **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Total Carbohydrates 16 g **6%**

Dietary Fiber 2 g **7%**

Total Sugars 5 g

Includes Added Sugars **%**

Protein 3 g

Vitamin D 0 mcg **0%**

Calcium 0 mg **0%**

Iron 0.4 mg **2%**

Potassium 220 mg **4%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
145000380	762489	1001450003802	8 x 12CT

Brand	Brand Owner	GPC Description
Birds Eye	Conagra Brands Inc	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
27.78 LBR	26 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.25 INH	9.625 INH	9.188 INH	0.883 FTQ	10x8	730 Days	0 FAH / 20 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soy - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

SERVING SUGGESTIONS



Follow serving suggestions as printed on the packaging.

INGREDIENTS



Corn.

HANDLING SUGGESTIONS



Follow storage and usage instructions as printed on consumer packaging.

PREPARATION & COOKING SUGGESTIONS



Please follow preparation instructions as printed on the consumer packaging.

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	90
Protein	3 g
Total Carbohydrates	16 g
Sugars	5 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	0.4 mg
Potassium	220 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

