568081 - Muffins, Whole Grain, Blueberry, Reduced Fat, Individ...

Ah! The blueberry muffin! The classic sweet breakfast everyone wants. Our whole grain blueberry muffin is not only moist and delicious, but is also USDA Smart Snack approved.



2 oz (57a)

% Daily Value*



MARKETING



Calories

96 Servings per container

Serving Size

Amount Per Serving

Nutrition Facts

Total Fat 5	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 95 mg	4%
Total Carbohydrates 26 g	9%
Dietary Fiber 1 g	4%
Total Sugars 14 g	
Includes 13 g Added Sugars	26%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 14 mg	2%
Iron 1 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
1201 568081		00737410120102	96/2 oz	

	Brand Owner		GPC Description		
Bake Crafters Bake Craft		Bake Crafters Food Company	Bread (Frozen)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.36 LBR	12 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.688 INH	13.313 INH	7.125 INH	1.081 FTQ	7x10	365 Days	0 FAH / 15 FAH

ALLERGENS





1 muffin, 2oz.





C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

例Milk - C

Peanuts - N

(n) Eggs - C

((1)) Tree Nuts - N

Soy - C

Fish - UN

(\$) Wheat - C

Shellfish - NI

(%) Sesame - UN

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Tumeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

HANDLING SUGGESTIONS

5 days at ambient. 365 days frozen.



PREPARATION & COOKING SUGGESTIONS



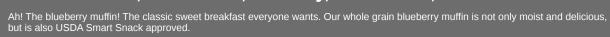
Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

MORE INFORMATION



E-mail: support@bakecrafters.com, Telephone: (423) 396-3392, Tele/Fax: (423) 396-9604, Website: https://...

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NUTRITIONAL ANALYSIS

Calories	160
Protein	3 g
Total Carbohydrates	26 g
Sugars	14 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	95 mg
Calcium	14 mg
Iron	1 mg
Potassium	55 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FAT REDUCED_LESS TRANS_FAT FREE_FROM KOSHER YES

MORE IMAGES





