

# 568081 - Muffins, Whole Grain, Blueberry, Reduced Fat, Individ..

Ah! The blueberry muffin! The classic sweet breakfast everyone wants. Our whole grain blueberry muffin is not only moist and delicious, but is also USDA Smart Snack approved.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
1201	568081	00737410120102	96/2 oz

Brand	Brand Owner	GPC Description
Bake Crafters	Bake Crafters Food Company	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.36 LBR	12 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.688 INH	13.313 INH	7.125 INH	1.081 FTQ	7x10	365 Days	0 FAH / 15 FAH

## HANDLING SUGGESTIONS



5 days at ambient. 365 days frozen.

## SERVING SUGGESTIONS



1 muffin, 2oz.

## PREPARATION & COOKING SUGGESTIONS



Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

# Nutrition Facts

96 Servings per container

**Serving Size** 2 oz (57g)

**Amount Per Serving**  
**Calories** 160

% Daily Value\*

**Total Fat** 5 6%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

**Cholesterol** 20 mg 7%

**Sodium** 95 mg 4%

**Total Carbohydrates** 26 g 9%

Dietary Fiber 1 g 4%

Total Sugars 14 g

Includes 13 g Added Sugars 26%

**Protein** 3 g

Vitamin D 0 mcg 0%

Calcium 14 mg 2%

Iron 1 mg 6%

Potassium 55 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- AU - UN
- Peanuts - N
- Tree - N
- Fish - UN
- Shellfish - NI
- Crustaceans - UN
- Mustard - UN

## MORE INFORMATION



E-mail : support@bakecrafters.com, Telephone : (423) 396-3392, Tele/Fax : (423) 396-9604, Website : https://bakecraft...

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## NUTRITIONAL ANALYSIS



Calories	160
Protein	3 g
Total Carbohydrates	26 g
Sugars	14 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	95 mg
Calcium	14 mg
Iron	1 mg
Potassium	55 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



FAT	REDUCED_LESS
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TRANS_FAT	FREE_FROM
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KOSHER	YES
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## MORE IMAGES

