568081 - Muffins, Whole Grain, Blueberry, Reduced Fat, Individ...

Ah! The blueberry muffin! The classic sweet breakfast everyone wants. Our whole grain blueberry muffin is not only moist and delicious, but is also USDA Smart Snack



MARKETING



Amount Per Serving **Calories**

2 oz (57a)

Nutrition Facts

96 Servings per container

Serving Size

	% Daily Value*
Total Fat 5	6%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 95 mg	4%
Total Carbohydrates 26 g	9%
Dietary Fiber 1 g	4%
Total Sugars 14 g	
Includes 13 g Added Sugars	26%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 14 mg	2%
Iron 1 mg	6%
Potassium 55 mg	2%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code					GTIN				Calculated Pack		
1201		568081				00737410120102				96/2 oz		
Brand Br				Brand Ov	Brand Owner				GPC Description			
Bake Crafters			Bake	Bake Crafters Food Company				Bread (Frozen)				
Gross Weig	ght Net Weight Case/0		Catch Wei	h Weight Country Of Or		Origin	Kosher	Child Nutrition				
13.36 LBR	BR 12 LBR		No	United States		tes	Yes	No				
Shipping												
Length	Width Heig		ight	Volume	TIX	xHI Shelf Lif		ife	e Storage Temp From			
19.688 INH	13.313 INH 7.125 IN		5 INH	1.081 FTQ	7x	10	365 Days		0 FAH / 15 FAH			
Traceability Regulation												
		ype Regulatory Trade Item Regulation Regulation Restrictions and Act Compliant Descriptors			_							
N/A	N/A N/A			N/A				N/A				

HANDLING SUGGESTIONS

5 days at ambient. 365 days frozen.



ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'











(SO) Fish - UN



Shellfish - NI



Crustaceans - UN

() AU - UN

Mustard - UN

INGREDIENTS



Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Tumeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

1 muffin, 2oz.

E-mail: support@bakecrafters.com, Telephone: (423) 396-3392, Tele/Fax: (423) 396-9604, Website: https://bakecraft...

NUTRITIONAL ANALYSIS



Calories	160
Protein	3 g
Total Carbohydrates	26 g
Sugars	14 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	13 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	95 mg
Calcium	14 mg
Iron	1 mg
Potassium	55 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



FAT	REDUCED_LESS

TRANS_FAT FREE_FROM

KOSHER YES

MORE IMAGES





