



MARKETING

Nutrition Facts

4 Servings per container

Serving Size2 Pastries

Amount Per Serving

Calories370

% Daily Value*

Total Fat 810%

Saturated Fat 2.5 g13%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 310 mg13%

Total Carbohydrates 71 g26%

Dietary Fiber 1 g4%

Total Sugars 30 g

Includes 30 g Added Sugars60%

Protein 4 g

Vitamin D 0 mcg0%

Calcium 0 mg0%

Iron 1.4 mg8%

Potassium 40 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
3800022254		314100		00038000222542		12 x 4 CT	
Brand		Brand Owner		GPC Description			
Kellogg's Pop-Tarts		Kellogg Company US		Pies/Pastries - Sweet (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
11.684 LBR	10.159 LBR	No				Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
11.125 INH	7.75 INH	11.375 INH	.57	20x4	365 Days	35 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - 30

Eggs - 30

Soybean - C

Wheat - C

Sesame - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - 30

Crustaceans - 30

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, SOYBEAN AND PALM OIL (with TBHQ for freshness), BLEACHED WHEAT FLOUR. CONTAINS 2% OR LESS OF wheat starch, salt, dried blueberries, dried grapes, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), dried apples, citric acid, modified wheat starch, gelatin, yellow corn flour, natural and artificial flavor, xanthan gum, soy lecithin, caramel color, cornstarch, turmeric extract color, red 40, blue 2, blue 1, color added.

PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	370	Total Fat	8	Sodium	310 mg
Protein	4 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	71 g	Saturated Fat	2.5 g	Iron	1.4 mg
Sugars	30 g	Added Sugars	30 g	Potassium	40 mg
Dietary Fiber	1 g	Polyunsaturated Fat	3 g	Zinc	
Lactose		Monounsaturated Fat	1.5 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate	40 mcg	Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES



Kellogg's Pop-Tarts

314100 - Kellogg's Pop-Tarts Frosted Blueberry 13.5oz 12ct

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