

Made with 51% whole grains. Contains at least 3 grams of Fiber. Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week. Good source of Iron. Thaw and serve convenience



MARKETING

Give kids all the benefits of great-tasting 51% Whole Grain Read-Bake® BenefIT® Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.

Nutrition Facts

96 Servings per container

Serving Size	1 bar
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 4 g	5%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 105 mg	5%
Total Carbohydrates 23 g	8%
Dietary Fiber 2 g	7%
Total Sugars 11 g	
Includes 10 g Added Sugars	20%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 1.1 mg	6%
Potassium 70 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
40456	10073321404564	case of 96

Brand	Brand Owner	GPC Description
READI-BAKE BenefIT®	J&J SNACK FOODS CORP.	Pies/Pastries - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.8 LBR	7.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.67 INH	7.32 INH	9.14 INH	0.4906 FTQ	20x7	540 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - NI
- Soy - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

SERVING SUGGESTIONS

Thaw and serve.

INGREDIENTS

Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chunks (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin [an emulsifier], vanilla), oats, eggs, interesterified soybean oil, invert syrup, banana puree (with added citric acid and/or ascorbic acid), canola oil, molasses, baking powder (baking soda, sodium acid pyrophosphate, corn starch, monocalcium phosphate), whey, natural flavors, xanthan gum, inulin, salt, spice.

HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

MORE INFORMATION