

199989 - Nature Valley Frozen Meals Oatmeal Round Single Serve...

Nature Valley Oatmeal Rounds are soft-baked and made with banana puree and chocolate chips. Easy prep with heat or thaw and serve. Packed in 72 single-serve pouches for convenience and portion control. Meets USDA Child Nutrition Programs: 2 oz equivalent grain, with no artificial flavors, colors, or high fructose corn syrup. Whole grain-rich, vegetarian option. Perfect for caf...



MARKETING

2 oz Equivalent Grain. Smart Snack Entrée Exempt. K-12 Regulation Ready.. Individually wrapped for heat & serve or thaw & serve.. Approximately 2.32 oz each, packed 72 per case.. Made with banana puree & chocolate chips, no artificial flavors, no artificial colors. . Vegetarian, whole grain-rich, no high fructose corn syrup.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
17364000	199989	10016000173641	72/2.32 OZ			
Brand	Brand Owner		GPC Description			
Nature Valley	GENERAL MILLS SALES INC.		Cereal/Muesli Bars			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
12.000 LBR	10.440 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.430 INH	8.930 INH	11.120 INH	0.71400 FTQ	16x6	252 Days	0 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

KEEP FROZEN

- ALLERGENS**
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - 30

Pine Nuts - 30

Cashews - 30

Macadamia Nuts - 30

Coconuts - 30

Brazil Nuts - 30

Walnuts - 30
- Peanuts - 30

Tree - 30

Fish - 30

Shellfish - NI

Crustaceans - 30

Almonds - 30

Hazelnuts - 30

Chestnuts - 30

Pecan Nuts - 30

Pistachios - 30

Molluscs - 30

Nutrition Facts

72 Servings per container

Serving Size 1 round

Amount Per Serving

Calories 280

% Daily Value*

Total Fat 12 15%

Saturated Fat 4 g 21%

Trans Fat 0 g

Cholesterol 10 mg 4%

Sodium 240 mg 10%

Total Carbohydrates 39 g 14%

Dietary Fiber 4 g 13%

Total Sugars 15 g

Includes 14 g Added Sugars 28%

Protein 5 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 1.6 mg 8%

Potassium 150 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Banana Puree, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Tapioca Syrup, Canola Oil, Molasses. Contains 2% or less of: Dried Egg, Water, Salt, Baking Soda, Sodium Aluminum Phosphate, Cinnamon, Nonfat Milk, Natural Flavor.

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PREPARATION & COOKING SUGGESTIONS

Heat & Serve: Heat frozen Oatmeal Rounds in ovenable pouch Preheat oven to 350°F. Place pouches flat on baking sheet and heat per chart below: Convection Oven | 7-9 minutes* Conventional Oven | 8-10 minutes* Warming Unit: Preheat Warming Unit to 150°F. Place pouches flat on a baking sheet and heat for 60 minutes

SERVING SUGGESTIONS

1 pouch

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	280	Total Fat	12	Sodium	240 mg
Protein	5 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	39 g	Saturated Fat	4 g	Iron	1.6 mg
Sugars	15 g	Added Sugars	14 g	Potassium	150 mg
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

ENERGY	SOURCE_OF	WHOLE_GRAIN	CONTAINS	ARTIFICIAL_FLAVOUR	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM	VEGETARIAN	YES

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