

# 199989 - Nature Valley Frozen Meals Oatmeal Round Single Serve...

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real banana puree and semi-sweet chocolate chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



## MARKETING

Hearty, grab 'n go, vegetarian, individually wrapped, oatmeal in a delicious banana and chocolate chip flavor. These frozen rounds are made with the Nature Valley(TM) brand kids love. Pouches can be thaw and served or heat and served.. Nature Valley(TM) Oatmeal Rounds are packaged with 72 individually wrapped single flavor pouches per case.. Nature Valley(TM) Oatmeal Rounds are individually wrapped for heat & serve or thaw & serve preparation, making them a great for many service models including cafeteria, classroom, and curbside. . Nature Valley frozen breakfast products contain no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Products are whole grain rich and veg...

## Nutrition Facts

72 Servings per container

**Serving Size** 1 round

**Amount Per Serving**  
**Calories** **280**

% Daily Value\*

**Total Fat** 12 **15%**

Saturated Fat 4 g **21%**

Trans Fat 0 g

**Cholesterol** 10 mg **4%**

**Sodium** 240 mg **10%**

**Total Carbohydrates** 39 g **14%**

Dietary Fiber 4 g **13%**

Total Sugars 15 g

Includes 14 g Added Sugars **28%**

**Protein** 5 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 1.6 mg 8%

Potassium 150 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
17364000	199989	10016000173641	72/2.32 OZ

Brand	Brand Owner	GPC Description
Nature Valley	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.000 LBR	10.44 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TixHI	Shelf Life	Storage Temp From/To
12.430 INH	8.930 INH	11.120 INH	0.71400 FTQ	16x6	252 Days	0 FAH / 10 FAH

## HANDLING SUGGESTIONS

KEEP FROZEN

## SERVING SUGGESTIONS

1 pouch

## PREPARATION & COOKING SUGGESTIONS

Heat & Serve: Heat frozen Oatmeal Rounds in ovenable pouch Preheat oven to 350°F. Place pouches flat on baking sheet and heat per chart below: Convection Oven | 7-9 minutes\* Conventional Oven | 8-10 minutes\* Warming Unit: Preheat Warming Unit to 150°F. Place pouches flat on a baking sheet and heat for 60 minutes

## INGREDIENTS

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Banana Puree, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Tapioca Syrup, Canola Oil, Molasses. Contains 2% or less of: Dried Egg, Water, Salt, Baking Soda, Sodium Aluminum Phosphate, Cinnamon, Nonfat Milk, Natural Flavor.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

## MORE INFORMATION

ⓘ Brazil Nuts - 30

ⓘ Pistachios - 30

ⓘ Walnuts - 30

ⓘ Molluscs - 30

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## NUTRITIONAL ANALYSIS



Calories	280
Protein	5 g
Total Carbohydrates	39 g
Sugars	15 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	12
Trans Fat	0 g
Saturated Fat	4 g
Added Sugars	14 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	30 mg
Iron	1.6 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



ARTIFICIAL_FLAVOUR	FREE_FROM	WHOLE_GRAIN	CONTAINS	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	FREE_FROM	TRANS_FAT	FREE_FROM	ENERGY	SOURCE_OF
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	VEGETARIAN	YES		

## MORE IMAGES

