

199989 - Nature Valley Frozen Meals Oatmeal Round Single Serve...

Nature Valley(TM) whole grain-rich, frozen, soft oatmeal rounds in individually wrapped, ovenable packages. Real banana puree and semi-sweet chocolate chips baked in for no-mess eating and 32 grams of whole grain per serving. For crediting in USDA Child Nutrition Programs: meets 2 ounce equivalent grain and whole grain-rich criteria. Options for Thaw & Serve or Heat & Serve.



MARKETING

Hearty, grab 'n go, vegetarian, individually wrapped, oatmeal in a delicious banana and chocolate chip flavor. These frozen rounds are made with the Nature Valley(TM) brand kids love. Pouches can be thaw and served or heat and served.. Nature Valley(TM) Oatmeal Rounds are packaged with 72 individually wrapped single flavor pouches per case.. Nature Valley(TM) Oatmeal Rounds are individually wrapped for heat & serve or thaw & serve preparation, making them a great for many service models including cafeteria, classroom, and curbside. . Nature Valley frozen breakfast products contain no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Products are whole grain rich and veg...

Nutrition Facts

72 Servings per container	
Serving Size	1 round
Amount Per Serving	
Calories	280
% Daily Value*	
Total Fat 12	15%
Saturated Fat 4 g	21%
Trans Fat 0 g	
Cholesterol 10 mg	4%
Sodium 240 mg	10%
Total Carbohydrates 39 g	14%
Dietary Fiber 4 g	13%
Total Sugars 15 g	
Includes 14 g Added Sugars	28%

Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1.6 mg	8%
Potassium 150 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
17364000		199989		10016000173641		72/2.32 OZ	
Brand		Brand Owner				GPC Description	
Nature Valley		GENERAL MILLS SALES INC.				Cereal/Muesli Bars	
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
12.000 LBR	10.44 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
12.430 INH	8.930 INH	11.120 INH	0.71400 FTQ	16x6	252 Days	0 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

KEEP FROZEN

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Whole Grain Rolled Oats, Whole Wheat Flour, Sugar, Palm Oil, Banana Puree, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Tapioca Syrup, Canola Oil, Molasses. Contains 2% or less of: Dried Egg, Water, Salt, Baking Soda, Sodium Aluminum Phosphate, Cinnamon, Nonfat Milk, Natural Flavor.

Nature Valley

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PREPARATION & COOKING SUGGESTIONS

Heat & Serve: Heat frozen Oatmeal Rounds in ovenable pouch Preheat oven to 350°F. Place pouches flat on baking sheet and heat per chart below: Convection Oven | 7-9 minutes\* Conventional Oven | 8-10 minutes\* Warming Unit: Preheat Warming Unit to 150°F. Place pouches flat on a baking sheet and heat for 60 minutes

SERVING SUGGESTIONS

1 pouch

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	280	Total Fat	12	Sodium	240 mg
Protein	5 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	39 g	Saturated Fat	4 g	Iron	1.6 mg
Sugars	15 g	Added Sugars	14 g	Potassium	150 mg
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_FLAVOUR	FREE_FROM	WHOLE_GRAIN	CONTAINS	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	FREE_FROM	TRANS_FAT	FREE_FROM	ENERGY	SOURCE_OF
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	VEGETARIAN	YES		

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