

200046 - Golden Grahams Cereal Bars Pouch (96 ct) 1.42 oz

A chewy cereal bar made with Golden Grahams(TM) cereal pieces with the taste of graham cracker crunch and brown sugar and individually wrapped to enjoy on-the-go. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



MARKETING

A chewy cereal bar made with Golden Grahams(TM) cereal pieces with the taste of graham cracker crunch and brown sugar.. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case.. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
31913000	200046	10016000319131	96/1.42 OZ

Brand	Brand Owner	GPC Description
Golden Grahams	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.450 LBR	8.52 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.870 INH	12.250 INH	6.370 INH	0.80700 FTQ	8x7	248 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS



Keep in a cool, dry place

SERVING SUGGESTIONS



Serve as is

PREPARATION & COOKING SUGGESTIONS



Ready to eat

Nutrition Facts

96 Servings per container	
Serving Size	1 bar
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 3.5	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 115 mg	5%
Total Carbohydrates 30 g	11%
Dietary Fiber 3 g	10%
Total Sugars 9 g	
Includes 9 g Added Sugars	18%
Protein 2 g	
Vitamin D 0.5 mcg	
2%	
Calcium 240 mg	
15%	
Iron 1.3 mg	
8%	
Potassium 0 mg	
0%	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS



Whole Grain Oats, Corn Syrup, Sugar, Vegetable Oil (canola and/or sunflower), Whole Grain Wheat, Fructose, Brown Rice Flour, Corn Meal, Marshmallows (sugar, corn syrup, modified corn starch, water, gelatin, natural flavor), Chicory Root Extract, Maltodextrin. Contains 2% or less of: Vegetable Glycerin, Calcium Carbonate, Whole Corn Flour, Wheat Starch, Brown Sugar Syrup, Corn Flour, Salt, Dextrose, Modified Wheat Starch, Soy Lecithin, Baking Soda, Cocoa (processed with alkali), Caramel Color, Natural Flavor, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), a B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), a B Vitamin (folic acid), Vitamin B12, Vitamin D3.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'	
Milk - 30	Peanuts - 30
Eggs - 30	Tree - 30
Soybean - C	Fish - 30
Wheat - C	Shellfish - NI
Sesame - 30	Crustaceans - 30
Pine Nuts - 30	Almonds - 30
Cashews - 30	Hazelnuts - 30
Macadamia Nuts - 30	Chestnuts - 30
Coconuts - 30	Pecan Nuts - 30
Brazil Nuts - 30	Pistachios - 30

MORE INFORMATION





Golden Grahams

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NUTRITIONAL ANALYSIS

Calories	160	Total Fat	3.5	Sodium	115 mg
Protein	2 g	Trans Fat	0 g	Calcium	240 mg
Total Carbohydrates	30 g	Saturated Fat	0 g	Iron	1.3 mg
Sugars	9 g	Added Sugars	9 g	Potassium	0 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg	Thiamin	
Vitamin A (IU)		Vitamin D	0.5 mcg	Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

WHOLE_GRAIN	EXCELLENT_SOURCE_OF	MSG	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
ENERGY	SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM	WHOLE_GRAIN	CONTAINS
FIBRE	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	SATURATED_FAT	LOW
CALCIUM	GOOD_SOURCE_OF	CHOLESTEROL	LOW	CHOLESTEROL	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM		

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