

Golden Grahams

200046 - Golden Grahams(TM) Cereal Bars (96 ct) 1.42 oz

A chewy cereal bar made with Golden Grahams(TM) cereal pieces with the taste of graham cracker crunch and brown sugar and individually wrapped to enjoy on-the-go. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



MARKETING

A chewy cereal bar made with Golden Grahams(TM) cereal pieces with the taste of graham cracker crunch and brown sugar.. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case.. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Nutrition Facts

96 Servings per container

Serving Size1 bar

Amount Per Serving

Calories150

% Daily Value*

Total Fat 3.5 g4%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 115 mg5%

Total Carbohydrates 30 g11%

Dietary Fiber 3 g10%

Total Sugars 9 g

Includes 9 g Added Sugars18%

Protein 2 g

Vitamin D 0 mcg0%

Calcium 250 mg15%

Iron 1.3 mg8%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31913000	200046	10016000319131	96/1.42 OZ

Brand	Brand Owner	GPC Description
Golden Grahams	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.450 LBR	8.52 LBR	No	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.870 INH	12.250 INH	6.370 INH	0.80700 FTQ	8x7	248 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - 30

Soy - MC

Wheat - C

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

Serve as is

INGREDIENTS

Whole Grain Oats, Corn Syrup, Sugar, Canola Oil, Whole Grain Wheat, Fructose, Brown Rice Flour, Corn Meal, Marshmallows (sugar, corn syrup, modified corn starch, water, gelatin, natural flavor, sodium phosphate), Chicory Root Extract, Maltodextrin, Contains 2 % or less of: Vegetable Glycerin, Calcium Carbonate, Whole Oat Flour, Whole Corn Flour, Wheat Starch, Brown Sugar Syrup, Corn Flour, Salt, Honey, Modified Wheat Starch, Soy Lecithin, Cocoa Processed With Alkali, Baking Soda, Caramel Color, Dextrose, Trisodium Phosphate, Natural Flavor, Vitamin C (sodium ascorbate), Zinc and Iron (mineral nutrients), A B vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	150	Total Fat	3.5 g	Sodium	115 mg
Protein	2 g	Trans Fat	0 g	Calcium	250 mg
Total Carbohydrates	30 g	Saturated Fat	0 g	Iron	1.3 mg
Sugars	9 g	Added Sugars	9 g	Potassium	
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	0.09 mg
Vitamin A (RE)		Vitamin E		Niacin	0.4 mg
Vitamin C		Folate	10 mcg	Riboflavin	0.04 mg
Magnesium		Vitamin B-6	0.06 mg	Vitamin B-12	0.06 mcg
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



MSG	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
CHOLESTEROL	LOW	SATURATED_FAT	LOW	ENERGY	SOURCE_OF
CHOLESTEROL	FREE_FROM	FIBRE	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF
TRANS_FAT	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM

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