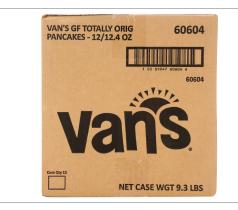
## 100540 - Van's Frozen Pancake Gluten Free Original 12ct/12.3oz

We left out all the gluten, dairy and eggs in these pancakes but kept in the good-for-you whole grains and delicious taste. With 3g protein and 180 calories per serving, our Gluten Free Original pancakes are a sure way to start your day right!



#### MARKETING

# =

Gluten free. No high fructose corn syrup. No artificial flavors, colors or preservatives.

#### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
60604	100540	10089947606046	12 x 8 CT	

Brand	Brand Owner	GPC Description	
Van's	SARA LEE FROZEN BAKERY	Cakes - Sweet (Frozen)	

Gross Weight Net Weight		Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.88 LBR	9.225 LBR	No	United States	Yes	No	

Shipping							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	15.56 INH	9.94 INH	10.75 INH	0.96 FTQ	12x8	365 Days	0.0 FAH / 27.0 FAH

# **Nutrition Facts**

4.0 Servings per container

Amount Per Serving Calories

Serving Size

% Daily Value

2 PANCAKES

<b>Total Fat</b> 3.5 g	4%
Saturated Fat 0 g	2%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 240 mg	11%

Total Carbohydrates 36 g 13%

Dietary Fiber 1 g 4%

Total Sugars 3 g

Includes 2 g Added Sugars 5%

Protein 2 g

 Vitamin D 0 mcg
 0%

 Calcium 20 mg
 0%

 Iron 0.6 mg
 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **ALLERGENS**



SERVING SUGGESTIONS

2 Pancakes (87g)

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'







Tree Nuts - 30



(xx) Fish - 30



Shellfish - 30

Sesame - 30

## INGREDIENTS

Potassium 70 mg



0%

GLUTEN FREE BLEND (BROWN RICE FLOUR, POTATO STARCH, TAPIOCA STARCH, RICE FLOUR), WATER, CANE SUGAR, EXPELLER PRESED CANOLA OIL, CONTAINS 2% OR LESS: BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SOY LECITHIN, MOLASSES, GUAR GUM.

#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

Keep Frozen

Keep frozen until ready to use. Do not refreeze thawed product. The following directions were developed using an 1100 watt microwave oven. Due to differences in microwave ovens, heating times may vary. MICROWAVE: 1. Place 2 pancakes on a lightly greased microwave-safe plate. 2. Microwave on HIGH: 2 pancakes: 50-60 seconds 1 pancake: 30-40 seconds 3. Let stand 1 minute before serving. CAUTION: PRODUCT WILL BE HOT. An adult should supervise heating by children.

## MORE INFORMATION



Last Saved: 13 May 2024 | Printed: 18 May 2024 Printed: 18 May 2024 Powered by Syndigo LLC - syndigo.com Page 1 of 2

## 100540 - Van's Frozen Pancake Gluten Free Original 12ct/12.3oz

We left out all the gluten, dairy and eggs in these pancakes but kept in the good-for-you whole grains and delicious taste. With 3g protein and 180 calories per serving, our Gluten Free Original pancakes are a sure way to start your day right!

#### NUTRITIONAL ANALYSIS



Calories	180
Protein	2 g
Total Carbohydrates	36 g
Sugars	3 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	20 mg
Iron	0.6 mg
Potassium	70 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## **NUTRITIONAL CLAIMS**



#### MORE IMAGES



