



MARKETING

# Nutrition Facts

11 Servings per container

Serving Size

1 Cup

Amount Per Serving

Calories

340

% Daily Value\*

Total Fat

18 g

23%

Saturated Fat

4 g

20%

Trans Fat

0 g

Cholesterol

35 mg

12%

Sodium

1080 mg

47%

Total Carbohydrates

29 g

11%

Dietary Fiber

1 g

3%

Total Sugars

7 g

Includes 1 g Added Sugars

2%

Protein

16 g

Vitamin D

0.2 mcg

0%

Calcium

160 mg

10%

Iron

1.4 mg

8%

Potassium

400 mg

8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10013800301250USL	915044	10013800301250	4 x 95 OZ


Brand	Brand Owner	GPC Description
STOUFFER'S	Société des Produits Nestlé S.A.	Ready-Made Combination Meals - Not Ready to Eat (Frozen)



Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.5 LBR	23.75 LBR	No		Undeclared	No



Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20.8 INH	13.2 INH	4.7 INH	.75	7x13	540 Days	-18 FAH / -13 FAH



ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

-  Milk - C

 Peanuts - NI
-  Eggs - C

 Tree Nuts - NI
-  Soy - C

 Fish - NI
-  Wheat - C

 Shellfish - NI
-  Sesame - NI

SERVING SUGGESTIONS

Add chicken broth, sliced carrots and celery for a hearty, colorful chicken stew. Spoon into individual casseroles; garnish with fresh parsley or top with warm biscuits. Serve with a crusty roll and black eyed peas or a colorful vegetable medley.

INGREDIENTS

SKIM MILK, BLANCHED DUMPLINGS (WATER, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGGS, SOYBEAN OIL, SALT), COOKED CHICKEN MEAT, SOYBEAN OIL, WATER, CHICKEN FAT, 2% OR LESS OF COOKED MECHANICALLY SEPARATED CHICKEN, SALT, MODIFIED CORNSTARCH, BLEACHED WHEAT FLOUR, SUGAR, MODIFIED TAPIOCA STARCH, HYDROLYZED WHEAT, SOY AND CORN PROTEINS, SODIUM PHOSPHATE, ONION POWDER, MUSHROOMS, AUTOLYZED YEAST EXTRACT, SPICES, DRIED ONIONS, PALM OIL, NATURAL FLAVORS, TURMERIC (COLOR), CHICKEN POWDER, LACTIC ACID, L-METHIONINE, MUSHROOM JUICE, CARAMEL COLOR, MOLASSES, ONION JUICE, XANTHAN GUM, GARLIC JUICE.

HANDLING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

CONVECTION OVEN 325°F Preheated: Do not loosen lid. Stir halfway through cooking; replace lid. Cook Frozen (0°F) product for 60-65 min./Thawed (40°F or less) product for 25-30 min.

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	340
Protein	16 g
Total Carbohydrates	29 g
Sugars	7 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	18 g
Trans Fat	0 g
Saturated Fat	4 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1080 mg
Calcium	160 mg
Iron	1.4 mg
Potassium	400 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

