



1/15 LB IQF Catfish Shank Fillets, 5-7 oz.

High Liner Foodservice Catfish Shank Fillets are premium in every way. Individually quick frozen to seal in freshness, these prime catfish loins are ideal for a wide range of applications. Each cooks from frozen in minutes, preserving the unique flavor and flaky tenderness of fresh catfish with just the right amount of crunch. These prime fillets offer exceptional coverage and plate appeal, and are a must for any menu.

Product Last Saved Date: 25 March 2025



Nutrition Facts

40 Servings per container  
Serving Size 168g/About 1 Fillet

Amount Per Serving  
Calories 190

	% Daily Value*
Total Fat 9 g	12%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 85 mg	29%
Sodium 330 mg	14%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 24 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 470 mg	10%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
21024131	00079149241315	FARM RAISED

Brand	GPC Description
High Liner Foodservice	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
15.94 LBR	15 LBR	United States	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.75 INH	11.8125 INH	6.875 INH	0.7402 FTQ	10x6	540 Days	-10 FAH / 0 FAH

Ingredients :

CATFISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE), SALT. CONTAINS: FISH (CATFISH) CONTAINS UP TO 8% SOLUTION OF WATER, SODIUM TRIPOLYPHOSPHATE, AND SALT.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - N	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Catfish - Ictalurus punctatus

Serving Suggestions:

Versatility makes this Catfish ideal as an entrée, whether grilled, baked, or southern fried, but also atop a salad, or in soups, gumbo and chowder. Pairs well with any sauce that complements the preparation, from cocktail and remoulade, to your own special recipe.

Claims & Child Nutrition:

BAP Certified:  
MSC Certified:  
Has CN Statement: No  
CN Statement:

