

LAND O LAKES

221942 - Land O Lakes® Mild Cheddar Cheese Sticks

Land O Lakes® Mild Cheddar Cheese Sticks are the perfect ready-to-serve individually wrapped, kid-pleasing protein for meals and snacks. 3 bags of 56-1oz packages. Meal Contribution Credit per serving: 1oz portion provides 1 M/MA.



MARKETING

Individually wrapped stick for easily adding protein to your menu. Versatile and economical. 1 M/MA

Nutrition Facts

1 Servings per container

Serving Size1 STICK

Amount Per Serving

Calories110

% Daily Value*

Total Fat 912%

Saturated Fat 6 g30%

Trans Fat 0 g

Cholesterol 30 mg10%

Sodium 190 mg8%

Total Carbohydrates 1 g0%

Dietary Fiber 0 g0%

Total Sugars 0 g

Includes 0 g Added Sugars0%

Protein 7 g

Vitamin D 0 mcg0%

Calcium 200 mg15%

Iron 0 mg0%

Potassium 20 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
4488000034500	221942	10034500448809	3/56-1OZ Sticks

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Cheese (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12 LBR	10.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.5 INH	9 INH	9 INH	0.67969 FTQ	13x5	180 Days	33 FAH / 35 FAH

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - 30
- SERVING SUGGESTIONS

Serve as a snack. Create your own bistro box with breads, vegetables, and or fruit. Breakfast, lunch or afterschool snack. Perfect for self-serve bars.
- INGREDIENTS

Cultured Pasteurized Milk, Salt, Enzymes, Annatto (Color).
- HANDLING SUGGESTIONS

Keep Refrigerated
- PREPARATION & COOKING SUGGESTIONS

Ready to eat.
- MORE INFORMATION
- Last Saved: 14 November 2023 | Printed: 03 May 2024

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NUTRITIONAL ANALYSIS

Calories	110
Protein	7 g
Total Carbohydrates	1 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9
Trans Fat	0 g
Saturated Fat	6 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	200 mg
Iron	0 mg
Potassium	20 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

