## 201800 - CEREAL, FROSTED FLAKES BOWL PACK

Whole grain corn



1 bowl



#### MARKETING



## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
01015	201800	10042400010156	96 x 1 OZ	

Brand Brand Owner		Brand Owner	GPC Description		
	Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.67 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.791 FTQ	9x3	365 Days	32 FAH / 95 FAH

# **Nutrition Facts**

96 Servings per container

**Serving Size** 

Amount Per Serving 110 **Calories** 

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 130 mg	6%
<b>Total Carbohydrates</b> 25 g	9%
Dietary Fiber 0 g	0%
Total Sugars 10 g	
Includes 10 g Added Sugar	s <b>20%</b>
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 3.6 mg	20%
Potassium 940 mg	20%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

### **ALLERGENS**



### SERVING SUGGESTIONS



serve with fruit and/or milk

## C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info' Milk - N

(S) Peanuts - N



(1) Tree Nuts - N





Dry

Fish - N



(M) Shellfish - N

Sesame - N

### **INGREDIENTS**



Ingredients: Milled Corn, Sugar, Contains 2% or less of: Corn Syrup, Salt, Barley Malt Extract, Wheat Starch. Vitamins and Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (a B-vitamin), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT.

### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Add milk

# MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	110
Protein	1 g
Total Carbohydrates	25 g
Sugars	10 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	
·	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	10 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	130 mg
Calcium	0 mg
Iron	3.6 mg
Potassium	940 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

TRANS\_FAT FREE\_FROM

MORE IMAGES





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